

NORTHWEST ATHLETIC ASSOCIATION OF COMMUNITY COLLEGES

VOLLEYBALL HANDBOOK 2011

Revised 8/11

NWAACC VOLLEYBALL HANDBOOK

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IMPORTANT

DATES,

Processes & Forms

NWAACC Volleyball Coaches Checklist

1. NWAACC Materials:

- Do you have a copy of the latest edition of the NWAACC code book and rules update pages?
- Do you understand the constitution and bylaws especially, related to eligibility and recruiting?
- Have you read through the volleyball-specific sport regulations?
- Do you have a copy of the NWAACC directory?
- Do you have a copy of the NCAA volleyball rule book provided by the NWAACC? Additional books can be purchased through www.ncaa.org.

2. NWAACC Volleyball Handbook:

- Do you have a copy of the latest edition of the volleyball handbook?
- Have you read all standard operating procedures regarding host school responsibilities, tournament guidelines, etc?
- Have you submitted your game day emergency contact numbers to the volleyball sports chair?

3. Regional Guidelines:

- Do you have a copy of your region's standard operating procedures?
- Do you understand the updated volleyball standard operating procedures for your region?
Specific expectations and requirements may vary from region to region with regard to host guidelines, match times, scheduling, playoffs and league awards.

4. NWAACC Coaching Certification:

- Have you completed the requirements necessary for NWAACC coaching certification?
To become certified, you must first pass the NWAACC regulations test and NWAACC volleyball rules test. These should both be turned into the NWAACC office. You must also have a valid CPR/ First Aid card. Documentation of continuing education is recommended in the areas of coaching, legal issues, and medical. Van driver training is required by some institutions.

5. Important Dates and Deadlines:

- When are the first practice and first competition dates?
- When are the team pictures, team information and rosters due to the NWAACC office?
- When are physical packets and eligibility due? When is the signing date for letter of intents?
- Do you know the "player of the week" information, including process, fax #, due date and time?
- When and where are the first regional coaches meeting? When the annual coaches Meeting is?

6. AVCA Membership:

- Have you joined the AVCA - American Volleyball Coaches Association? (This is a requirement in order to nominate or vote for All-American athletes.) You may locate the AVCA at the following address: www.avca.org.

7. Communication within the NWAACC:

- Do you know your regional volleyball sports committee representatives?
- Who is the NWAACC sports committee chair?
- Who are the two commissioners representing your institution at each regional meeting?
- Do you know how to address a concern related to ethics, eligibility, procedure, etc?

The NWAACC website can be accessed at www.nwaacc.org for results and schedule.

2011 VOLLEYBALL IMPORTANT DATES

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
July 29, 2011	Schedule Due	NWAACC Office
Monday, August 15	First Practice	
Tuesday, August 30	First Contest Date	
Tuesday, August 30	Eligibility Due	NWAACC Office
Friday-Saturday, Sept. 16-17	X-Over Tournaments	
Friday-Saturday, Oct. 14-15	X-Over Tournaments	
Tuesday, November 15	Crossover Bids Due	Cheryl Yoder
Thur. - Sun., Nov. 17-20	Conference Tournament	Mt. Hood CC
Sunday , November 20	All Star Event	Mt. Hood CC
Wednesday, November 30	AVCA All American Due	TBA

Emergency Travel Procedures

TRAVEL EMERGENCY/DELAY POLICY

* Refer to NCAA Rule 8.5.2. Page 48

CONFERENCE PLAYERS OF THE WEEK SELECTION PROCESS

An offensive and defensive player will be selected for each week of the season. Two times during the season (Oct.10 and Nov. 7) a setter will be selected. The Nov. setter nomination will be accumulative from the beginning of the season.

Regional Responsibilities

The volleyball sports committee members from each region will be responsible for establishing a process for selecting an offensive and defensive player of the week for their region.

Each region's selections must be forwarded to the sports committee chair by noon on Tuesday. The chair will select the players of the week by noon on Wednesday of each week. That selection will be forwarded to the conference office by noon Wednesday for inclusion on the NWAACC website.

Nomination Eligibility

All NWAACC players will be eligible for selection until they have received the conference award twice for offense and twice for defense. However, a player may not receive back to back honors in the same category.

NWAACC VOLLEYBALL PLAYER OF THE WEEK

REGION: _____ COLLEGE: _____

Offensive Nomination

Name: _____ Position: _____ YR: _____

	Match VS.	# of Games	Kills	Kill Eff.	Blck/S	Blck/A	Digs	Avg.digs/ game	# of S.R. balls	S.R. Eff.	Aces	Serve %	Total Serves
Totals													

Comments: (only 1-2 sentences max)

Setter Nomination (Only submit setter nominations once on October 10 and again on Nov. 7). The Nov. setter nomination will be accumulative from the beginning of the season.

Name: _____ YR: _____

	Match VS.	# of Games	Assists	Avg. Assist/ Game	Kills	Kill Eff.	Aces	Srv %	Total Serves	Avg.digs/ game	Block/S	Block/ A	Avg.digs/ game
Totals													

Comments: (only 1-2 sentences max)

Defensive Nomination

Name: _____ Position: _____ YR: _____

	Match VS.	# of Games	Aces	Srv %	Total Serves	# of S.R. balls	S.R. Eff.	Digs	Avg.digs/ game	Block/S	Block/A
Totals											

Comments: (only 1-2 sentences max)

All NWAACC players will be eligible for selection until they have received the conference award twice for offense and twice for defense. However, a player may not receive back to back honors in the same category.

NWAACC EVENTS ROTATION

The NWAACC Volleyball Community & Executive Board approves the 3 year bidding process to host the championships. The next bidding process will begin in 2011 for the 2012-14 years.

Crossover Sites

Each region chooses two site selections and then submits the bids to Cheryl Yoder, VB Chair. These bids are due Nov. 15, 2011.

Game Management for Volleyball Match

Host responsibilities include the following:

Minimum Standards

- 1) Regulation playing court (NCAA)
- 2) Net at appropriate height with antennas firmly secured to net
- 3) The playing court, including the net, should be set up and ready for warm up one (1) hour before game time
- 4) Visual scoreboard with clock counting down from 60 minutes before game time. (30 minutes on the clock is acceptable if your scoreboard will not set at 60)
- 5) Towels for both team benches (minimum 6 each)
- 6) Provide two (2) approved Baden “Perfection” game balls for the match. A three (3) ball system is preferred, if possible.
- 7) Provide water, cups and towels for both teams.
- 8) DVD copies for both teams from the best vantage point possible
- 9) Follow NCAA pre-match protocol which includes announcing both rosters
- 10) Have a copy of the pre-match protocol available at the scorer's table
- 11) Provide a stat crew of at least three (3) well trained individuals
- 12) Provide match statistics to visiting team within fifteen (15) minutes of the end of the match.

Recommended Standards

- 1) Warm up balls and cart
- 2) Shower towels for visiting team
- 3) Training area and services
- 4) Separate dressing area for players and officials
- 5) If unable to provide separate dressing areas for teams, provide a meeting space for visiting team
- 6) Have extra line-up sheets available at the scorer's table
- 7) News information services
- 8) Three (3) ball rotation system

NWAACC Volleyball

Pre-Match Protocol

NWAACC Volleyball will follow the Pre-Match Protocol as listed in the NCAA rulebook. After the warm-up is complete the following procedures are for team introductions and pre-match activities:

- 1) If you choose to play the National Anthem or say the Pledge of Allegiance, it should be done after the teams have lined up on the end line.
- 2) The entire roster for each team will be introduced.
- 3) On the signal from the officials, team captains proceed to the net to shake hands followed by their respective team members.
- 4) Each team then reports to its bench to prepare for the match.
- 5) Starters are called to the end line and the match begins.

New rule starting for the 2011 season:

- 1) Before Sept. 25, unlimited roster. After Sept 25, at the 30 minute mark before the match is to begin, a set team roster of not more than 12 players must be submitted prior to the first match in any and all matches Sept. 25 and after. The 12 will be the only players permitted to warm up and/or play during that specific match.
- 2) Rule 1-code 13 of NWAACC Code Book

Coach Of The Year Selection Process

NWAACC Coach of the Year

The selection of the NWAACC Coach of the Year will follow these procedures:

- 1) Each region will vote in the manner they deem appropriate to select a Regional Coach of the year.
- 2) The nominations for NWAACC Coach of the Year consists of the four Regional Coaches of the Year and the two final team coaches in the NWAACC Championship Match.
- 3) At the annual coaches meeting during the Sophomore All-Star event, each school will get one vote for the NWAACC Coach of the Year.
- 4) There is a write-in option permitted.
- 5) The winner will be announced during the All-Star competition.

Criteria for the regional and conference Coach of the Year selections:

- Professionalism
- Effort to promote their sport
- Support for the spirit and intent of the NWAACC code and sports rules
- Conduct of the coach’s team
- Contribution to the growth of the sport
- Improvement in the program from previous year/during current season
- Season Record

Volleyball All-Tournament Team
SELECTION PROCESS

The all-tournament team selection process outlined below has been adopted by the NWAACC volleyball community for use during the season. This procedure will be used at all tournaments hosted by NWAACC teams, except for the conference tournament.

ALL-TOURNAMENT TEAM SELECTION PROCESS

Coaches from the schools that finish first through fourth will select tournament all-stars from their own team in the following numbers:

- First place team 3 all-stars
- Second place team 3 all-stars
- Third place team 2 all-stars
- Fourth place team 1 all-star

The tournament MVP will be selected by the tournament director or the tournament selection committee (whichever has been designated by the tournament host) from the 6 all-stars selected by the first and second place coaches. If requested, a libero of the tournament can be awarded.

Coaches from the teams finishing fifth and below may nominate players from their team, in the order of preference she/he would like to see them honored, to be selected by the tournament director/selection committee for the remaining positions (3 for a twelve player all-tournament team).

Coaches leaving the tournament prior to its conclusion should hand their list to the tournament director/selection committee before leaving.

Please Note:

The above procedure is for a twelve-person all-tournament team. If the tournament host is honoring less than 12 players then the procedure should be adjusted accordingly.

TIE~BREAKER PROCEDURES

NWAACC Volleyball will use the following tie-breaker procedures for all tournaments (excluding the Championship tournament) formatted such that ties could occur.

TIE-BREAKER PROCEDURES FOR CROSSOVER TOURNAMENTS

If two teams are tied:

- 1) Head to Head Record/Head to Head Match, Sets

If more than two teams are tied:

- 1) Match first, then Sets, then point differential.
- 2) Won-Loss ratio for the total number of games played, between the tied teams
- 3) Comparison of the point differential between the tied teams. Point differential shall be determined by subtracting the total points lost from the total points won. (The highest plus or lowest minus remainder shall be considered the superior team.)
- 4) Coin Toss

CROSSOVER TOURNAMENTS

CROSSOVER TOURNAMENTS

Refer to the NWAACC Code – Volleyball section, Rule 8 for regulations regarding crossovers. In addition, the following philosophies are also important.

- I. All crossovers have standardized officiating.
 - A. R1 - state rated
R2 – state rated
 - B. Trained lines people should be provided, as well as scorekeeper and libero tracker.

- II. Crossover participation is optional.
If you chose not to participate in a crossover, you may not compete at all on those dates.
(NWAACC Code)

- III. Host colleges are encouraged to invite additional teams to fill vacancies (acceptable teams: 4 year college or 2 year colleges).

- IV. Site Selection
 - A. Each college selects sites for the next season at the coaches meeting during NWAACC Championships.
 - B. A representative from your school must be present to select for your school. All coaches not represented will be contacted after the meeting if openings are available.
 - C. If selecting sites for both crossover weekends:
 1. One site must be out of your region (i.e. at least 3 hrs. away) and
 2. One site can be in your region
 - D. If selecting a site for only one crossover weekend, you should attend a crossover outside of your region (at least 3 hrs. away)

- V. Entry Fees
 - A. Entry fee costs will be determined by each host institution and should cover the cost of officials and awards. This includes the R1 and R2 officials and all scorers. Other costs should be borne by the host.
 - B. This is not designed to be a major money maker for the college. A guideline of no more than \$500 entry fee has been determined.

- VI. September Crossover
 - A. Held on the 3rd weekend in September.

- VII. October Crossover
 - A. Held on the third weekend in October.

VIII. Match Guarantees

- A. For tournaments hosting 7 or fewer teams, the format should include as many 3/5 matches as possible. If the facility allows for larger crossovers to include more 3/5 matches, that is preferred.
- B. For the October crossover, the tournament structure should resemble the NWAACC tournament format whenever possible.
- C. If the structure is pool play with 7 teams, play 3/5 matches outside of your region.

IX. Format Guidelines

- A. For tournaments hosting 8 teams, it is recommended pool play 2/3, then bracket 3/5. Guarantee at least 2 matches 3/5, total 5 match guarantee.
- B. For tournaments hosting 7 teams, round robin play out of region, 3/5 guarantee 4 matches.
- C. For tournaments hosting 6 teams 3/5 pool play and 3/5 bracket.
- D. A tie breaker protocol should be posted prior to the start of the tournament.
- E. The tournament structure should resemble the NWAACC tournament whenever possible.

2011 Volleyball Crossover Tournaments

September 16-17, 2011

Clackamas (S) (Sept. 17-18)	Walla Walla (E)	Whatcom(N)	Tacoma (W)
Shoreline(N)	Pierce(W)	Wenatchee(E)	Columbia Basin (E)
Everett(N)	Bellevue (N)	Yakima (E)	TVCC (E)
Big Bend (E)	Edmonds (N)	Lower Columbia (W)	Centralia (W)
Spokane(E)	Blue Mountain (E)	Highline (W)	Olympic (N)
Clark (W)	Umpqua (S)		SWOCC (S)
Green River (W)	Mt. Hood (S)		Linn-Benton (S)
Chemeketa (S)			

October 14-15, 2011

SWOCC (S)	Spokane(E)	Bellevue(N)	Pierce (W)
	Tacoma(W)	Shoreline (N)	BMCC (E)
Centralia (W)	Highline (W)	BBCC (E)	WWCC (E)
Umpqua (S)		TVCC (E)	Lower Columbia (W)
Yakima (E)	Olympic (N)	GRCC (W)	Edmonds (N)
CBC(E)	Whatcom (N))	Clark (W)	Everett (N)
	Wenatchee (E)	MHCC (S)	Clackamas (S)
		Chemeketa (S)	Linn-Benton (S)

GUIDELINES FOR HOSTING A CROSSOVER

- I. NWAACC Code information is included under Rule 8 in the Volleyball section.
- II. Basic Criteria
 - A. Minimum of two courts for play
 - B. Warm up time should be predetermined and adequate for all matches
 - C. The tournament coordinator/director shall not be a coach
 - D. Facilities need to be safe for play
 - E. There shall be a tournament protest committee
 - F. Trained lines people provided
- III. Tournament Format
 - A. The schedule for the tournament should be sent to participating colleges by mid-August. (Also include hotel information)
- IV. Entry Fee
 - A. Cap of entry fee at \$500

NWAACC Crossover Bid Form

_____ bids to host a Volleyball Crossover Tournament
(College)

Weekend: (circle one) **September** **October**

Maximum Number of Teams: _____

Facility: (Describe briefly) _____

Officials assigned by: _____

Probable Format: _____

Estimated Entry Fee: \$ _____

Other Considerations: _____

Submitted By: _____

(Director of Athletics)

(Volleyball Coach)

College

Date

Send completed form to: Cheryl Yoder
VB Sports Committee Chair
Umpqua Community College, PO Box 967
Roseburg, OR 97470
cheryl.yoder@umpqua.edu

NWAACC TOURNAMENT

NWAACC CHAMPIONSHIP TOURNAMENT

PROTOCOLS

In addition to rules and procedures found in the NWAACC Code Book, the following protocols should be followed:

First Round Regional Rotation

<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>
S-W	S-E	S-N	S-W
E-N	N-W	W-E	N-E

In scheduling first round matches, team in the upper and lower brackets will be switched on alternating years.

Coin Toss Protocol

In rounds one and two of the tournament, the highest seeded team will call the coin toss. In subsequent rounds, the team on the top of the bracket will call the toss.

ALL-STAR EVENT

All-Star Tournament

General Guidelines

The following general guidelines are provided to hosts of the NWAACC All-Star Event. The guidelines cover preferred scheduling for practice times, meetings and the tournament.

Players should wear their own team uniform for the All-Star matches. Coaches for the all-star teams should coordinate numbers.

- 1) The host shall provide a 1½-hour practice time for each regional team. Each team should have access to one court.
- 2) The practice time should end no later than 9pm. Practice times will be 6-7:30pm and 7:30 -9pm. For coaches participating in the All-Star practices, you must have an assistant coach represented at the coaches meeting.
- 3) The host region and the next closest region will be scheduled for the early practice time.
- 4) The Sports Committee will meet Saturday at 3pm.
- 5) The Annual Conference Coaches Meeting will be scheduled for Saturday at 6pm.
- 6) For the tournament, 2-out-of-3 matches will be scheduled for 10:30am and 12 noon. Each region would play one opponent, which would be the same alignment as the tournament seeding for that year. Then the winner would play the winner and losing teams would play one another.
- 7) The host region should provide a commemorative souvenir t-shirt for each team member.
- 8) The host region will provide a meal for the coaches meeting.
- 9) Each region will have a **12 member all-star team with 4 alternates**. A maximum of 12 players will be participating in the event. Process: Each region will select sophomore all-stars from first and second all-star teams. In addition, **each region will have an additional 12 member honorable mention team** consisting of freshmen or sophomores. It will be from this list that the remainder of the 12 sophomore player roster may be filled along with the designating of 4 sophomore alternates. This honorable mention team should allow for enough sophomores to be listed in case one or both teams in the NWAACC tournament are from the same region. In this case alternates will be notified. Plans will need to be made well in advance about how these players will be notified, transportation, etc.

STATISTICS

Stat Definitions
Term (stat crew key)

Attack (A)

An attack attempt (A) is recorded any time a player attempts to attack (hit strategically) the ball into the opponent's court. The ball may be spiked, set, tipped or hit as an overhead contact.

There are three possible outcomes of an attack attempt.

- (1) There can be a kill.
- (2) There can be an attack error.
- (3) The ball can stay in play. This is referred to as a "0 attack (zero attack)."

Philosophy: Any ball that is played over the net in an attempt to score a point should be considered an attack. Any ball played over the net simply to keep the ball alive should not be considered an attack attempt.

The exceptions to an attack are:

- (1) An attempt is not charged on a ball played over the net on serve reception that is kept in play by the opposing team. This is called an overpass.
- (2) An attempt is not charged on a free ball played over the net when, in the opinion of the statistician, the free ball is passed only to keep the ball in play.
- (3) An attempt is not charged to a player if, in the opinion of the statistician, the set is bad and the player plays the ball over the net to keep the ball in play.
- (4) An attempt is not charged to a player if, in the opinion of the statistician, the player passes the ball over the net only to keep it in play.

However, if in any of the four above-mentioned instances the action results directly in a point for the team playing the ball, a kill, and therefore an attack attempt, must be awarded.

KILL (K)

A kill (K) is awarded to a player any time an attack is unreturnable by the opposition and is a direct cause of the opponent not returning the ball or any time the attack leads directly to a blocking error by the opposition. A kill leads directly to a point. When a player is awarded a kill, the player also is awarded an attack attempt.

ERROR (E)

An attack error (E) is charged to a player whenever an attack or attacker:

- (1) Hits the ball out of bounds.
- (2) Hits the ball into the net resulting to a four-hit violation.
- (3) Is blocked down by the opposition to the same side at the attacker, and cannot be kept in play as a direct result of the block.
- (4) Goes into the net.
- (5) Is called for center-line fault.
- (6) Is called for an illegal contact on the attack.
- (7) Is called for an antenna fault.
- (8) Is called for a 3-meter (10-foot) line violation.
- (9) Is called for a thrown ball or illegal hit during an attack attempt.

When a player is given an attack error it also counts as an attack attempt and is counted in the player's total attacks.

ZERO ATTACK (C)

A "0 attack" (Zero attack) is any attack attempt that is kept in play by the opposition. Total attempts (TA) equal the sum of kills, errors, and "0 attacks."

Documentation is required on the work sheet for this play and should be included in the individuals' totals on the Box Score Form.

ASSIST (A)

A player is awarded an assist (A) whenever that player passes, sets or digs the ball to a teammate who attacks the ball for a kill. There are three possible outcomes of a ball that is being set:

- (1) An assist.

(2) An assist error or ball-handling error.

(3) A zero assist. This occurs when a ball that is set does not directly lead to a kill.

Documentation on the work sheet only is required if the statistician is calculating assists percentage.

SERVES (V)

Article 1. A serve is when a player attempts to serve the ball over the net into the opponent's court. There are three possible outcomes for every served ball:

(1) A service ace.

(2) A service error.

(3) A zero serve. This occurs when a serve does not result in a service ace or service error but play continues.

Documentation on the work sheet is required only if the statistician is calculating server percentage.

SERVICE ACE (X)

A service ace (SA) is a serve that results directly in a point. A service ace is awarded to a player:

(1) If the serve strikes the opponent's court untouched.

(2) If the serve is passed by the opponent but cannot be kept in play.

(3) If the referee calls a violation on the receiver (i.e., lift, double hit).

(4) If the receiving team is out of rotation (i.e., overlap).

SERVICE ERROR (E)

A service error (SE) is charged to a player:

(1) If the serve fails to go over the net and lands on the side of the team serving.

(2) If the serve is out of bounds or hits the antenna.

(3) If the server foot-faults or takes too much time.

(4) If the server tosses more than once for a service.

(5) If a player serves out of rotation. The service error (SE) is charged to the player who should have been serving.

DIGS (D)

A dig (D) is awarded when a player passes the ball that has been attacked by the opposition.

The pass or play of any ball that is attacked is awarded a dig. The ball can be kept in play on the digger's side of the net or can go back to the opposition. In either case a dig is awarded. Free balls or serve receives do not count as a dig.

BLOCKS (B)

A block is awarded when a player(s) blocks the ball into the opponent's court leading directly to a point. There are three possible outcomes when a player(s) is blocking:

(1) The player(s) is credited with a successful block solo or block assist.

(2) The player is charged with a block error.

(3) The attack attempt is deflected off the blocker's hands and is kept in play by one of the teams.

BLOCK SOLO (B + S)

A block solo (BS) is awarded when a single player blocks the ball into opposition's court leading directly to a point. That player must be the only blocker attempting to block the ball.

BLOCK ASSIST (B + A)

A block assist (BA) is awarded when two or three players block the ball into the opponent's court for a point. Each player blocking receives a block assist even if only one player actually makes contact with the ball.

Note: Both a block solo and block assist cannot be awarded on the same play.

BLOCKING ERROR (B + E)

A blocking error (BE) is a call made by the referee that ends play.

A player is charged with a blocking error when:

(1) A blocker goes into the net.

(2) A blocker is called for a center-line fault.

(3) A blocker is called for reaching over the net.

- (4) A back-row player is called for blocking.
- (5) A blocker is called for a thrown ball during a block.

Note: A kill is awarded to the attacking team when a blocking error is charged to the defending team.

3 POINT SERVE RECEIVE EVALUATION

Points are given to the person receiving the serve based on how many hitters can be set effectively.

- (1) A (3) rating is awarded if the ball is passed to the setters zone and can set all 3 front row players effectively.
- (2) A (2) rating is awarded if the ball is passed in front of the 3 meter line and the setter can effectively set 2 hitters.
- (3) A (1) rating is awarded if the ball is passed so the setter can effectively set one front row hitter.
- (4) A (0) rating is a pass that is not able to be set and is figured as a part of total sum divided by attempts.