

## 2009 NWAACC Track & Field

### Individual Top Marks

Marks since: 28-Feb-09

Group: CC

Number of Top Times: All

Mark	Convert	Rnd	Name	Age/Yr				
<b>Male Open 100m Dash</b>								
1	10.79	2009	F	---	Washington, Nate	CLARK	4/3/2009	Willamette Invitational
2	10.88	2009	F	---	Garner, Demarcus	FR CLACKAMAS	4/3/2009	Willamette Invitational
3	11.03	2009	F	---	Vetter, Michael	SPOKANE	4/11/2009	WAOR II
4	11.04	2009	F	---	Strong, Micah	FR CLACKAMAS	4/17/2009	Lewis & Clark
5	11.12	2009	F	---	Faber, Brandon	FR CLACKAMAS	4/17/2009	Lewis & Clark
6	11.13	2009	F	---	Jenkins, Marzell	SPOKANE	4/18/2009	2009 Spike Art Invitational
7	11.16	2009	F	---	Keel, Derrick	FR CLARK	3/6/2009	Linfield Erik Anderson Icebreaker
8	11.20	2009	F	---	Christianson, Austin	FR LANE	4/3/2009	Willamette Invitational
9	11.22		F	---	Tolento, Eric	FR CLACKAMAS	4/3/2009	Willamette Invitational
10	11.24		F	---	Keel, Isaiah	CLARK	3/21/2009	Oregon Preview
11	11.28		M	---	Feemster, Trace	FR SW OREGON	4/16/2009	SW Oregon Decathlon
12	11.29		F	---	Norman, Taylor	LANE	4/3/2009	Willamette Invitational
13	11.32		F	---	Keller, Wesley	SO CLACKAMAS	3/21/2009	Oregon Preview
14	11.36		F	---	Moore, Ethan	FR CLACKAMAS	4/3/2009	Willamette Invitational
15	11.42		F	---	Schnell, Garrett	FR CLACKAMAS	3/14/2009	Mt. Hood CC Saints Open
16	11.45		F	---	Hillebrand, Will	FR CLARK	3/14/2009	Mt. Hood CC Saints Open
17	11.46		F	---	Hale, Sam	SO SPOKANE	3/20/2009	Dusty Lane Open
18	11.51		F	---	Burch-Lucich, Beau	TREASURE VALL	4/3/2009	Willamette Invitational
19	11.52		F	---	Stark, Christian	FR SPOKANE	3/26/2009	Buc Scoring Invitational
20*	11.55		F	---	Nollan, Robby	CLACKAMAS	4/3/2009	Willamette Invitational
20*	11.55		M	---	Godfrey, Kevin	FR LANE	3/5/2009	Chico Multi Invitational
22	11.56		F	---	Weller, Mark	FR SPOKANE	4/3/2009	Willamette Invitational
23	11.60		M	---	Burbank, Bruce	LANE	3/5/2009	Chico Multi Invitational
24	11.65		M	---	Rosenberg, J.J.	FR LANE	3/5/2009	Chico Multi Invitational
25	11.68		F	---	Walker, Dominick	FR CLACKAMAS	2/28/2009	2009 PLU Spring Open
26	X11.74		F	---	Julian, Matt	LANE	4/11/2009	WAOR II
27	11.78		M	---	Armstrong, Tim	SPOKANE	3/5/2009	Sasquatch Mini Meet
28*	11.79		F	---	Jackson, Aaron	FR CLARK	3/14/2009	Mt. Hood CC Saints Open
28*	11.79		M	---	Turner, Sean	FR LANE	3/5/2009	Chico Multi Invitational
30	11.95		F	---	Victor, Austin	SPOKANE	3/20/2009	Dusty Lane Open
31	12.05		M	---	Smith, Justin	FR SW OREGON	4/16/2009	SW Oregon Decathlon
32	12.15		M	---	Nell, Carter	SPOKANE	3/5/2009	Sasquatch Mini Meet
33	12.18		F	---	Espino, Kevin	FR MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker
34	12.20		F	---	Berhe, Davion	FR SW OREGON	3/14/2009	Mt. Hood CC Saints Open
35	12.23		M	---	Knoop, Jonathan	SPOKANE	3/5/2009	Sasquatch Mini Meet
36	12.25		F	---	Bellefeuille, Jed	FR CLACKAMAS	2/28/2009	2009 PLU Spring Open
37	12.28		M	---	Howelton, Brian	MT. HOOD	4/13/2009	2009 Mt. Hood Multi Meet
38	12.42		F	---	Frischman, Beau	FR MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker
39	12.54		F	---	Pike, Luke	SO CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker
40	12.59		F	---	Earls, Kyle	SW OREGON	3/7/2009	Artie Sullivan
41	12.85		F	---	Wallace, Jeremy	FR MT. HOOD	2/28/2009	2009 PLU Spring Open
42	12.90		F	---	Freshour, Tyson	FR MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker
<b>Male Open 200m Dash</b>								
1	22.07	2009	F	---	Vetter, Michael	SPOKANE	4/11/2009	WAOR II
2	22.11	2009	F	---	Stubbs, Chris	LANE	4/11/2009	WAOR II
3	22.20	2009	F	---	Washington, Nate	CLARK	4/10/2009	Pacific Northwest Relays

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### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr				
4	22.21	2009	F	--- Garner, Demarcus	FR	CLACKAMAS	4/10/2009	Pacific Northwest Relays	
5	22.46	2009	F	--- Keller, Wesley	SO	CLACKAMAS	3/21/2009	Oregon Preview	
6	22.51	2009	F	--- Harper, Bryan	FR	LANE	4/3/2009	Willamette Invitational	
7	22.58		F	--- Strong, Micah	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
8	22.67		F	--- Weller, Mark	FR	SPOKANE	4/11/2009	WAOR II	
9	22.82		F	--- Hillebrand, Will	FR	CLARK	3/6/2009	Linfield Erik Anderson Icebreaker	
10	22.83		F	--- Tolento, Eric	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
11	22.85		F	--- Stark, Christian	FR	SPOKANE	3/26/2009	Buc Scoring Invitational	
12	22.88		F	--- Nollan, Robby		CLACKAMAS	4/10/2009	Pacific Northwest Relays	
13	23.00		F	--- Faber, Brandon	FR	MT. HOOD	4/4/2009	JD Shotwell Invitational	
14	23.09		F	--- Moore, Ethan	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
15	X23.09		F	--- Godfrey, Kevin	FR	LANE	4/11/2009	WAOR II	
16	23.12		F	--- Norman, Taylor		LANE	4/11/2009	WAOR II	
17	23.20		F	--- Burch-Lucich, Beau		TREASURE VALL	4/3/2009	Willamette Invitational	
18	23.25		F	--- Keel, Derrick	FR	CLARK	3/6/2009	Linfield Erik Anderson Icebreaker	
19	23.26		F	--- Barrett, Ryan	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
20*	23.28		F	--- Jackson, Aaron	FR	CLARK	3/21/2009	Oregon Preview	
20*	23.28		F	--- Hope, Nathan	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
22	23.31		F	--- Hope, Nate		MT. HOOD	4/4/2009	JD Shotwell Invitational	
23	23.34		F	--- Walker, Dominick	FR	CLACKAMAS	2/28/2009	2009 PLU Spring Open	
24	23.44		F	--- Schnell, Garrett	FR	CLACKAMAS	2/28/2009	2009 PLU Spring Open	
25	23.46		F	--- Hale, Sam	SO	SPOKANE	3/26/2009	Buc Scoring Invitational	
26	23.47		F	--- Christianson, Austin	FR	LANE	2/28/2009	Willamette Opener	
27	X23.48		F	--- Julian, Matt		LANE	4/11/2009	WAOR II	
28	23.59		F	--- Lindstrom, Travis		MT. HOOD	3/21/2009	Oregon Preview	
29	23.63		F	--- Olstedt, Dennis		LANE	4/3/2009	Willamette Invitational	
30	23.71		F	--- Lair, Josh	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
31	23.73		F	--- Casillas, Colton		SPOKANE	3/26/2009	Buc Scoring Invitational	
32	X23.87		F	--- Smith, Jesse		LANE	4/11/2009	WAOR II	
33	23.88		F	--- Ragland, Chris	FR	SW OREGON	3/14/2009	Mt. Hood CC Saints Open	
34	24.01		F	--- Berhe, Davion	FR	SW OREGON	3/7/2009	Artie Sullivan	
35	24.62		F	--- Pirkl, Drew	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
36	24.81		F	--- Nordstrom, Tyrel		CLACKAMAS	3/14/2009	Mt. Hood CC Saints Open	
37	24.82		F	--- Wall, Brett	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
38	24.90		F	--- Stevens, Markus	FR	MT. HOOD	2/28/2009	2009 PLU Spring Open	
39	25.00		F	--- Espino, Kevin	FR	MT. HOOD	3/14/2009	Mt. Hood CC Saints Open	
40	25.06		F	--- Williams, Trevor	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
41	25.29		F	--- Frischman, Beau	FR	MT. HOOD	4/10/2009	Pacific Northwest Relays	
42	26.97		F	--- Bellefeuille, Jed	FR	CLACKAMAS	3/14/2009	Mt. Hood CC Saints Open	
43	28.21		F	--- Freshour, Tyson	FR	MT. HOOD	2/28/2009	2009 PLU Spring Open	
<b>Male Open 400m Dash</b>									
1	49.27	2009	F	--- Harper, Bryan	FR	LANE	4/11/2009	WAOR II	
2	49.31	2009	F	--- Jenkins, Marzell		SPOKANE	3/26/2009	Buc Scoring Invitational	
3	49.74	2009	F	--- Hope, Nate		MT. HOOD	4/4/2009	JD Shotwell Invitational	
4	49.78	2009	F	--- Garner, Demarcus	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
5	49.83	2009	F	--- Vetter, Michael		SPOKANE	4/3/2009	Willamette Invitational	
6	49.84	2009	F	--- Weller, Mark	FR	SPOKANE	4/11/2009	WAOR II	
7	50.27	2009	F	--- Hillebrand, Will	FR	CLARK	3/6/2009	Linfield Erik Anderson Icebreaker	

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### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr				
8	50.41	2009	F	--- Hope, Nathan	FR	MT. HOOD	3/21/2009	Oregon Preview	
9	50.54	2009	F	--- Stubbs, Chris		LANE	4/3/2009	Willamette Invitational	
10	50.59	2009	F	--- Rosenberg, J.J.	FR	LANE	4/3/2009	Willamette Invitational	
11	51.16		F	--- Nollan, Robby		CLACKAMAS	4/17/2009	Lewis & Clark	
12	51.26		F	--- Keller, Wesley	SO	CLACKAMAS	2/28/2009	2009 PLU Spring Open	
13	51.47		F	--- Stevens, Markus	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
14	51.56		M	--- Hale, Sam	SO	SPOKANE	3/5/2009	Sasquatch Mini Meet	
15	51.62		F	--- Casillas, Colton		SPOKANE	4/11/2009	WAOR II	
16	51.64		F	--- Faber, Brandon	FR	MT. HOOD	4/4/2009	JD Shotwell Invitational	
17	51.83		F	--- Barrett, Ryan	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
18	52.11		F	--- Lindstrom, Travis		CLACKAMAS	4/17/2009	Lewis & Clark	
19	52.16		M	--- Burbank, Bruce		LANE	3/5/2009	Chico Multi Invitational	
20	52.20		M	--- Godfrey, Kevin	FR	LANE	3/5/2009	Chico Multi Invitational	
21	52.26		F	--- Ryberg, Brent	FR	LANE	3/14/2009	Mt. Hood CC Saints Open	
22	52.47		M	--- Armstrong, Tim		SPOKANE	3/5/2009	Sasquatch Mini Meet	
23	52.63		F	--- Schnell, Garrett	FR	CLACKAMAS	2/28/2009	2009 PLU Spring Open	
24	X52.74		F	--- Smith, Jesse		LANE	4/11/2009	WAOR II	
25	52.77		F	--- Ragland, Chris	FR	SW OREGON	3/14/2009	Mt. Hood CC Saints Open	
26	53.39		F	--- Julian, Matt		LANE	4/3/2009	Willamette Invitational	
27	53.40		F	--- Cheslik, Josiah		EVERETT	4/10/2009	WWU Ralph Vernacchia	
28	53.75		M	--- Howelton, Brian		MT. HOOD	4/13/2009	2009 Mt. Hood Multi Meet	
29	53.92		M	--- Smith, Justin	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
30	X54.02		F	--- Elliott, Scott	FR	LANE	4/11/2009	WAOR II	
31	54.05		F	--- Akers, Tyrell	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
32	54.17		F	--- Espino, Kevin	FR	MT. HOOD	3/14/2009	Mt. Hood CC Saints Open	
33	54.41		F	--- Urias, Emanuel	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
34	54.58		F	--- Jackson, Aaron	FR	CLARK	3/6/2009	Linfield Erik Anderson Icebreaker	
35	54.80		M	--- Turner, Sean	FR	LANE	3/5/2009	Chico Multi Invitational	
36	55.04		M	--- Nell, Carter		SPOKANE	3/5/2009	Sasquatch Mini Meet	
37	55.14		F	--- Wall, Brett	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
38	55.63		F	--- Pirkl, Drew	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
39	55.73		F	--- Frischman, Beau	FR	MT. HOOD	3/14/2009	Mt. Hood CC Saints Open	
40	56.14		M	--- Knoop, Jonathan		SPOKANE	3/5/2009	Sasquatch Mini Meet	
41	56.99		F	--- Elias, Mitch		EVERETT	4/18/2009	PLU Invitational	
42	57.06		F	--- Williams, Trevor	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
43	57.81		F	--- Warren, Andy		EVERETT	4/18/2009	PLU Invitational	
44	58.27		F	--- Anderson, Jason	FR	SW OREGON	3/14/2009	Mt. Hood CC Saints Open	
45	58.87		M	--- Feemster, Trace	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
46	1:01.06		F	--- Horn, TJ		EVERETT	4/18/2009	PLU Invitational	
47	1:02.66		F	--- Lawrence, Justin		EVERETT	4/4/2009	JD Shotwell Invitational	
<b>Male Open 800m Run</b>									
1	1:53.76	2009	F	--- Head, Spencer		LANE	4/11/2009	WAOR II	
2*	1:54.69	2009	F	--- Brown, Jasen		SPOKANE	4/11/2009	WAOR II	
2*	1:54.69	2009	F	--- Smith, Matt	FR	CLARK	4/3/2009	Willamette Invitational	
4	1:54.75	2009	F	--- Shirley, Tyler		SPOKANE	4/3/2009	Willamette Invitational	
5	1:55.12	2009	F	--- Smith, Nick	FR	CLARK	4/3/2009	Willamette Invitational	
6	1:55.22	2009	F	--- Ryberg, Brent	FR	LANE	3/21/2009	Oregon Preview	
7	1:56.65	2009	F	--- Romey, Matt		CLACKAMAS	4/17/2009	Lewis & Clark	

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### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr		
8	1:58.03		F	--- Coyle, Sean		SPOKANE	4/3/2009 Willamette Invitational
9	1:58.92		F	--- Noble, Phillip		TREASURE VALL	4/3/2009 Willamette Invitational
10	1:59.26		F	--- Simpson, Josh	FR	SPOKANE	4/3/2009 Willamette Invitational
11	1:59.27		F	--- Sanders, Steven	FR	SW OREGON	4/17/2009 Lewis & Clark
12	2:00.15		F	--- Ward, Kurt		TREASURE VALL	4/3/2009 Willamette Invitational
13	2:00.16		F	--- Eidsmoe, Ryan		HIGHLINE CC	4/18/2009 2009 Spike Arlt Invitational
14	2:00.32		F	--- Serdar, Brad		SPOKANE	3/26/2009 Buc Scoring Invitational
15	2:00.45		F	--- Trowbridge, Seth	FR	EVERETT	4/10/2009 WWU Ralph Vernacchia
16	2:00.92		F	--- Wahlenmaier, Jacob		EVERETT	4/10/2009 WWU Ralph Vernacchia
17	2:01.09		F	--- Weller, Mark	FR	SPOKANE	3/20/2009 Dusty Lane Open
18	2:01.12		F	--- Ishenin, Slavic	FR	MT. HOOD	4/17/2009 Lewis & Clark
19	2:01.63		F	--- Bragg, Brian		SPOKANE	3/26/2009 Buc Scoring Invitational
20	2:01.88		F	--- Riek, Dak		SPOKANE	4/3/2009 Willamette Invitational
21	2:02.33		F	--- Cheslik, Josiah		EVERETT	4/10/2009 WWU Ralph Vernacchia
22	2:02.65		F	--- Reeder, Max		SPOKANE	4/18/2009 2009 Spike Arlt Invitational
23	2:02.76		F	--- Fenley, Lukas		LANE	4/11/2009 WAOR II
24	2:02.85		F	--- Olstedt, Dennis		LANE	2/28/2009 Willamette Opener
25	2:03.25		F	--- Harper, Bryan	FR	LANE	2/28/2009 Willamette Opener
26	2:03.41		F	--- Sanchey, Herschel	FR	SPOKANE	4/11/2009 WAOR II
27	2:03.71		F	--- Cesal, Andrew		SPOKANE	4/3/2009 Willamette Invitational
28	2:03.76		F	--- Nilsen, Tyler		EVERETT	4/18/2009 PLU Invitational
29*	2:04.78		F	--- Hope, Nathan	FR	MT. HOOD	2/28/2009 2009 PLU Spring Open
29*	2:04.78		F	--- Reeder, Max	FR	SPOKANE	3/20/2009 Dusty Lane Open
31	2:05.45		F	--- Dean, Kyler		TREASURE VALL	4/3/2009 Willamette Invitational
32	2:07.02		F	--- Elias, Mitch		EVERETT	4/4/2009 JD Shotwell Invitational
33	2:07.29		F	--- Stipe, Justin		SPOKANE	3/5/2009 Sasquatch Mini Meet
34	2:09.04		F	--- Urias, Emanuel	FR	SW OREGON	4/17/2009 Lewis & Clark
35	2:11.93		F	--- Warren, Andy		EVERETT	4/4/2009 JD Shotwell Invitational
36	2:12.83		F	--- Wagner, Andy		EVERETT	4/18/2009 PLU Invitational
37	2:13.34		F	--- Gongora, Gilmer		MT. HOOD	3/14/2009 Mt. Hood CC Saints Open
38	2:13.78		F	--- Nell, Carter		SPOKANE	3/20/2009 Dusty Lane Open
39	2:15.68		F	--- Ellis, Bobby	FR	MT. HOOD	3/6/2009 Linfield Erik Anderson Icebreaker
40	2:18.33		F	--- Bellefeuille, Jed	FR	CLACKAMAS	3/14/2009 Mt. Hood CC Saints Open

#### Male Open 1500m Run

1	3:59.09	2009	F	--- Coyle, Sean		SPOKANE	4/18/2009 2009 Spike Arlt Invitational
2	3:59.39	2009	F	--- Head, Spencer		LANE	4/3/2009 Willamette Invitational
3	3:59.89	2009	F	--- Sanchey, Herschel	FR	SPOKANE	4/11/2009 WAOR II
4	4:00.51	2009	F	--- Smith, Matt	FR	CLARK	4/17/2009 Lewis & Clark
5	4:01.43	2009	F	--- Fenley, Lukas		LANE	3/21/2009 Oregon Preview
6	4:02.79	2009	F	--- Sanders, Steven	FR	SW OREGON	4/17/2009 Lewis & Clark
7	4:03.50	2009	F	--- Shirley, Tyler		SPOKANE	4/18/2009 2009 Spike Arlt Invitational
8	4:06.03	2009	F	--- Serdar, Brad		SPOKANE	4/3/2009 Willamette Invitational
9	4:06.45	2009	F	--- Serder, Brad	FR	SPOKANE	4/11/2009 WAOR II
10	4:07.14		F	--- Ryberg, Brent	FR	LANE	4/11/2009 WAOR II
11	4:07.18		F	--- Stevens, Travis	FR	LANE	2/28/2009 Willamette Opener
12	4:07.65		F	--- Brown, Jasen		SPOKANE	4/18/2009 2009 Spike Arlt Invitational
13	4:08.44		F	--- Eoff, Riley	SO	CLARK	3/6/2009 Linfield Erik Anderson Icebreaker
14	4:08.64		F	--- Riek, Dak		SPOKANE	3/26/2009 Buc Scoring Invitational

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### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr				
15	4:09.15	F	---	Ishenin, Slavic	FR	MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker	
16	4:10.79	F	---	Bragg, Brian		SPOKANE	3/20/2009	Dusty Lane Open	
17	4:10.80	F	---	Weldon, Shane	FR	CLARK	4/17/2009	Lewis & Clark	
18	4:11.14	F	---	Eidsmoe, Ryan		HIGHLINE CC	4/18/2009	2009 Spike Arlt Invitational	
19	4:11.32	F	---	Nilsen, Tyler		EVERETT	4/18/2009	PLU Invitational	
20	4:12.08	F	---	Wahlenmaier, Jacob		EVERETT	4/18/2009	PLU Invitational	
21	4:14.14	F	---	Ward, Kurt		TREASURE VALL	4/3/2009	Willamette Invitational	
22	4:14.45	F	---	Smith, Nick	FR	CLARK	4/17/2009	Lewis & Clark	
23	4:15.63	F	---	Willits, Ryan	FR	SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
24	4:15.85	F	---	Aguilar, Bryce		SPOKANE	3/20/2009	Dusty Lane Open	
25	4:16.98	F	---	Aguilar, Bryce		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
26	4:20.33	F	---	Wagner, Andy		EVERETT	4/18/2009	PLU Invitational	
27	4:20.95	F	---	Trowbridge, Seth	FR	EVERETT	4/18/2009	PLU Invitational	
28	4:21.82	F	---	Cesal, Andrew		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
29	4:22.16	F	---	Dean, Kyle		TREASURE VALL	4/3/2009	Willamette Invitational	
30	4:22.84	F	---	Loewen, Josh	FR	CLARK	4/17/2009	Lewis & Clark	
31	4:25.47	F	---	Stipe, Justin		SPOKANE	3/26/2009	Buc Scoring Invitational	
32	4:29.99	F	---	Ellis, Bobby	FR	MT. HOOD	2/28/2009	2009 PLU Spring Open	
33	4:30.75	F	---	Correll, Jared	FR	CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker	
34	4:37.65	F	---	Lewis, Grant	FR	CLACKAMAS	4/17/2009	Lewis & Clark	
35	4:37.70	F	---	Scott, Andrew	FR	SW OREGON	3/7/2009	Artie Sullivan	
36	4:46.08	M	---	Nell, Carter		SPOKANE	3/5/2009	Sasquatch Mini Meet	
37	4:48.26	F	---	Warren, Andy		EVERETT	4/10/2009	WWU Ralph Vernacchia	
38	4:51.99	M	---	Godfrey, Kevin	FR	LANE	3/5/2009	Chico Multi Invitational	
39	4:54.83	M	---	Burbank, Bruce		LANE	3/5/2009	Chico Multi Invitational	
40	4:55.17	M	---	Armstrong, Tim		SPOKANE	3/5/2009	Sasquatch Mini Meet	
41	5:00.16	M	---	Howelton, Brian		MT. HOOD	4/13/2009	2009 Mt. Hood Multi Meet	
42	5:01.16	M	---	Hale, Sam	SO	SPOKANE	3/5/2009	Sasquatch Mini Meet	
43	5:01.87	M	---	Knoop, Jonathan		SPOKANE	3/5/2009	Sasquatch Mini Meet	
44	5:03.81	M	---	Rosenberg, J.J.	FR	LANE	3/5/2009	Chico Multi Invitational	
45	5:44.69	M	---	Turner, Sean	FR	LANE	3/5/2009	Chico Multi Invitational	
46	6:19.30	M	---	Feemster, Trace	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
47	12:05.21	M	---	Smith, Justin	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
<b>Male Open 3000m Run</b>									
1	8:59.58	F	---	Stevens, Travis	FR	LANE	3/21/2009	Oregon Preview	
2	9:01.78	F	---	Weldon, Shane	FR	CLARK	3/21/2009	Oregon Preview	
3	9:02.39	F	---	Moncur, Matt	FR	CLARK	3/21/2009	Oregon Preview	
4	9:44.14	F	---	Sanders, Steven	FR	SW OREGON	3/7/2009	Artie Sullivan	
5	9:56.97	F	---	Elias, Mitch		EVERETT	4/18/2009	PLU Invitational	
<b>Male Open 5000m Run</b>									
1	15:00.66	2009	F	---	Riek, Dak	SPOKANE	4/3/2009	Willamette Invitational	
2	15:14.10	2009	F	---	Weldon, Shane	FR	CLARK	4/3/2009	Willamette Invitational
3	15:25.20	2009	F	---	Fenley, Lukas		LANE	4/3/2009	Willamette Invitational
4	15:28.82	2009	F	---	Jimenez, Rigoberto	FR	SPOKANE	4/11/2009	WAOR II
5	15:30.48	2009	F	---	Stevens, Travis	FR	LANE	4/3/2009	Willamette Invitational
6	15:43.24	2009	F	---	Simpson, Josh	FR	SPOKANE	3/26/2009	Buc Scoring Invitational
7	15:47.68	2009	F	---	Moncur, Matt	FR	CLARK	3/14/2009	Mt. Hood CC Saints Open
8	15:51.77	2009	F	---	Nilsen, Tyler		EVERETT	4/4/2009	JD Shotwell Invitational

## 2009 NWAACC Track & Field

### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr			
9	15:58.07		F	Sanders, Steven	FR	SW OREGON	3/14/2009	Mt. Hood CC Saints Open
10	16:07.01		F	Elias, Mitch		EVERETT	3/28/2009	Club NW Spring Break Open
11	16:11.84		F	Jones, Alex		LANE	4/11/2009	WAOR II
12	16:44.30		F	Wahlenmaier, Jacob		EVERETT	4/4/2009	JD Shotwell Invitational
13	16:46.63		F	Correll, Jared	FR	CLACKAMAS	2/28/2009	2009 PLU Spring Open
14	16:49.36		F	Correll, Luke	FR	CLACKAMAS	4/17/2009	Lewis & Clark
15	16:50.03		F	Wagner, Andy		EVERETT	4/4/2009	JD Shotwell Invitational
16	17:00.85		F	Ellis, Bobby	FR	MT. HOOD	3/14/2009	Mt. Hood CC Saints Open
17	17:13.64		F	Moorman, Anthony	SO	CLARK	3/6/2009	Linfield Erik Anderson Icebreaker
18	17:15.15		F	Lewis, Grant	FR	CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker
19	17:41.07		F	Mellenberger, Daniel	FR	EVERETT	3/14/2009	Mt. Hood CC Saints Open
20	18:07.07		F	Jensen, Andrew	FR	CLARK	3/6/2009	Linfield Erik Anderson Icebreaker
21	18:24.11		F	Horn, TJ		EVERETT	4/4/2009	JD Shotwell Invitational
<b>Male Open 10000m Run</b>								
1	31:50.46	2009	F	Jimenez, Rigoberto	FR	SPOKANE	4/18/2009	2009 Spike Arlt Invitational
2	32:00.32	2009	F	Weldon, Shane	FR	CLARK	3/6/2009	Linfield Erik Anderson Icebreaker
3	33:38.63	2009	F	Fenley, Lukas		LANE	2/28/2009	Willamette Opener
4	33:43.50	2009	F	Riek, Dak		SPOKANE	3/5/2009	Sasquatch Mini Meet
5	33:47.26	2009	F	Jones, Alex		LANE	4/3/2009	Willamette Invitational
6	33:49.60	2009	F	Simpson, Josh	FR	SPOKANE	3/5/2009	Sasquatch Mini Meet
7	34:04.88	2009	F	Nilsen, Tyler		EVERETT	4/10/2009	WWU Ralph Vernacchia
8	34:16.87	2009	F	Wahlenmaier, Jacob		EVERETT	4/10/2009	WWU Ralph Vernacchia
9	34:37.65	2009	F	Elias, Mitch		EVERETT	4/10/2009	WWU Ralph Vernacchia
10	34:39.11	2009	F	Wagner, Andy		EVERETT	4/10/2009	WWU Ralph Vernacchia
11	38:45.93		F	Horn, TJ		EVERETT	4/18/2009	PLU Invitational
12	41:44.90		F	Warren, Andy		EVERETT	4/18/2009	PLU Invitational
13	43:51.52		F	Lawrence, Justin		EVERETT	4/18/2009	PLU Invitational
14	DNF		F	Riek, Dak		SPOKANE	4/18/2009	2009 Spike Arlt Invitational
<b>Male Open 110m Hurdles</b>								
1	15.36	2009	F	Armstrong, Tim		SPOKANE	4/18/2009	2009 Spike Arlt Invitational
2	15.37	2009	F	Olstedt, Dennis		LANE	4/3/2009	Willamette Invitational
3	15.45	2009	F	Noble, Philip		TREASURE VALLE	4/3/2009	Willamette Invitational
4	15.48	2009	F	Burbank, Bruce		LANE	3/21/2009	Oregon Preview
5	15.65	2009	F	Walker, Dominick	FR	CLACKAMAS	4/17/2009	Lewis & Clark
6	15.79	2009	F	Victor, Austin		SPOKANE	4/18/2009	2009 Spike Arlt Invitational
7	15.90	2009	F	Stark, Christian	FR	SPOKANE	3/20/2009	Dusty Lane Open
8	15.91	2009	F	Howelton, Brian		MT. HOOD	4/17/2009	Lewis & Clark
9	16.07	2009	F	Godfrey, Kevin	FR	LANE	4/3/2009	Willamette Invitational
10	16.37		M	Smith, Justin	FR	SW OREGON	4/16/2009	SW Oregon Decathlon
11	16.44		F	Arnold, Richard	FR	LANE	4/11/2009	WAOR II
12	16.92		F	Knoop, Jonathan		SPOKANE	4/18/2009	2009 Spike Arlt Invitational
13	16.99		F	Nell, Carter		SPOKANE	4/18/2009	2009 Spike Arlt Invitational
14	17.08		F	Hale, Sam	SO	SPOKANE	3/20/2009	Dusty Lane Open
15	17.12		F	Turner, Sean	FR	LANE	4/3/2009	Willamette Invitational
16	17.16		F	Raybell, Tom	FR	SPOKANE	4/3/2009	Willamette Invitational
17	17.24		F	Raybell, Tom		SPOKANE	4/18/2009	2009 Spike Arlt Invitational
18	17.36		F	Bellefeuille, Jed	FR	CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker
19	17.46		F	Berhe, Davion	FR	SW OREGON	4/17/2009	Lewis & Clark

## 2009 NWAACC Track & Field

### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr				
20	17.90		F	--- Williams, Trevor	FR	CLACKAMAS	4/10/2009	Pacific Northwest Relays	
21	20.23		M	--- Feenster, Trace	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
22	20.24		M	--- Rosenberg, J.J.	FR	LANE	3/5/2009	Chico Multi Invitational	
<b>Male Open 400m Hurdles</b>									
1	55.14	2009	F	--- Armstrong, Tim		SPOKANE	4/11/2009	WAOR II	
2	55.43	2009	F	--- Olstedt, Dennis		LANE	4/11/2009	WAOR II	
3	57.51		F	--- Howelton, Brian		MT. HOOD	4/17/2009	Lewis & Clark	
4	57.93		F	--- Stark, Christian	FR	SPOKANE	3/20/2009	Dusty Lane Open	
5	58.09		F	--- Arnold, Richard	FR	LANE	4/11/2009	WAOR II	
6	58.93		F	--- Victor, Austin		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
7	59.00		F	--- Berhe, Davion	FR	SW OREGON	4/17/2009	Lewis & Clark	
8	59.62		F	--- Nell, Carter		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
9	59.90		F	--- Raybell, Tom		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
10	X1:00.33		F	--- Raybell, Tom	FR	SPOKANE	4/11/2009	WAOR II	
11	X1:00.44		F	--- Turner, Sean	FR	LANE	4/11/2009	WAOR II	
12	1:00.97		F	--- Knoop, Jonathan		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
13	1:02.69		F	--- Williams, Trevor	FR	CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker	
14	1:03.55		F	--- Lindstrom, Travis		MT. HOOD	4/17/2009	Lewis & Clark	
15	1:03.85		F	--- Smith, Justin	FR	SW OREGON	3/14/2009	Mt. Hood CC Saints Open	
16	1:06.86		F	--- Bellefeuille, Jed	FR	CLACKAMAS	2/28/2009	2009 PLU Spring Open	
<b>Male Open 3000m StplCh</b>									
1	9:19.45	2009	F	--- Coyle, Sean		SPOKANE	4/3/2009	Willamette Invitational	
2	9:31.45	2009	F	--- Sanchey, Herschel	FR	SPOKANE	4/3/2009	Willamette Invitational	
3	9:44.43	2009	F	--- Simpson, Josh	FR	SPOKANE	4/3/2009	Willamette Invitational	
4	9:56.58	2009	F	--- Cesal, Andrew		SPOKANE	4/3/2009	Willamette Invitational	
5	10:01.89	2009	F	--- Aguilar, Bryce		SPOKANE	4/3/2009	Willamette Invitational	
6	10:05.66	2009	F	--- Stevens, Travis	FR	LANE	4/11/2009	WAOR II	
7	10:06.9h	2009	10:06.90	F	--- Elias, Mitch	EVERETT	4/4/2009	JD Shotwell Invitational	
8	10:08.20	2009	F	--- Bragg, Brian		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
9	10:20.28		F	--- Gongora, Gilmer		MT. HOOD	4/17/2009	Lewis & Clark	
10	10:30.81		F	--- Willits, Ryan	FR	SPOKANE	3/26/2009	Buc Scoring Invitational	
11	10:34.4h	10:34.40	F	--- Romey, Matt		MT. HOOD	4/4/2009	JD Shotwell Invitational	
12	10:44.37		F	--- Lewis, Grant	FR	CLACKAMAS	4/3/2009	Willamette Invitational	
13	10:54.31		F	--- Jordan, Brandon		LANE	4/3/2009	Willamette Invitational	
<b>Male Open High Jump</b>									
1	2.09m	2009	6-10.25	F	--- Edwards, Deonta		SPOKANE	4/4/2009	4th Annual Sam Adams Classic
2	1.98m	2009	6-06.00	F	--- Cramer, Robert		CLARK	4/3/2009	Willamette Invitational
3*	1.93m	2009	6-04.00	F	--- Lindquist, Seth		LANE	4/11/2009	WAOR II
3*	1.93m	2009	6-04.00	F	--- Meyer, Chris	FR	CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker
5	1.92m	2009	6-03.50	M	--- Godfrey, Kevin	FR	LANE	3/5/2009	Chico Multi Invitational
6*	1.88m		6-02.00	F	--- Leman, Tyler	FR	CLARK	4/17/2009	Lewis & Clark
6*	1.88m		6-02.00	F	--- Walker, Dominick	FR	CLARK	4/17/2009	Lewis & Clark
8	1.85m		6-00.75	F	--- Moore, Ethan	FR	MT. HOOD	4/10/2009	Pacific Northwest Relays
9*	1.83m		6-00.00	M	--- Burbank, Bruce		LANE	3/5/2009	Chico Multi Invitational
9*	1.83m		6-00.00	F	--- Ojala, Markus	SO	CLARK	4/17/2009	Lewis & Clark
11	1.80m		5-10.75	F	--- Smith, Justin	FR	MT. HOOD	4/10/2009	Pacific Northwest Relays
12	1.78m		5-10.00	F	--- Garrett, Calvin	FR	MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker
13*	1.76m		5-09.25	M	--- Hale, Sam	SO	SPOKANE	3/5/2009	Sasquatch Mini Meet

## 2009 NWAACC Track & Field

### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd		Name	Age/Yr				
13*	1.76m	5-09.25	F	---	Ryan, Jared	FR	SPOKANE	3/26/2009	Buc Scoring Invitational	
15	1.75m	5-08.75	F	---	Melum, Trevor		CLACKAMAS	2/28/2009	2009 PLU Spring Open	
16	1.73m	5-08.00	M	---	Armstrong, Tim		SPOKANE	3/5/2009	Sasquatch Mini Meet	
17	1.71m	5-07.25	M	---	Howelton, Brian		MT. HOOD	4/13/2009	2009 Mt. Hood Multi Meet	
18	1.69m	5-06.50	M	---	Feemster, Trace	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
19	1.65m	5-05.00	F	---	Frischman, Beau	FR	MT. HOOD	4/10/2009	Pacific Northwest Relays	
20*	1.59m	5-02.50	M	---	Rosenberg, J.J.	FR	LANE	3/5/2009	Chico Multi Invitational	
20*	1.59m	5-02.50	M	---	Turner, Sean	FR	LANE	3/5/2009	Chico Multi Invitational	
22*	1.52m	4-11.75	M	---	Nell, Carter		SPOKANE	3/5/2009	Sasquatch Mini Meet	
22*	1.52m	4-11.75	M	---	Knoop, Jonathan		SPOKANE	3/5/2009	Sasquatch Mini Meet	
24	NH		F	---	Feser, Jason		SPOKANE	4/11/2009	WAOR II	
<b>Male Open Pole Vault</b>										
1	4.88m	2009 16-00.00	F	---	Elliott, Scott	FR	LANE	4/16/2009	Lane Open	
2	4.55m	2009 14-11.00	F	---	Godfrey, Kevin	FR	LANE	4/11/2009	WAOR II	
3	4.44m	2009 14-06.75	M	---	Burbank, Bruce		LANE	3/5/2009	Chico Multi Invitational	
4*	4.42m	2009 14-06.00	F	---	Pruitt, Garrett	FR	LANE	4/16/2009	Lane Open	
4*	4.42m	2009 14-06.00	F	---	Lindquist, Seth		LANE	4/16/2009	Lane Open	
4*	4.42m	2009 14-06.00	F	---	Vaughn, KC	FR	MT. HOOD	3/14/2009	Mt. Hood CC Saints Open	
7*	4.40m	2009 14-05.25	F	---	Nordstrom, Tyrel		CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker	
7*	4.40m	2009 14-05.25	F	---	Nell, Carter		SPOKANE	3/20/2009	Dusty Lane Open	
9	3.95m	12-11.50	F	---	Lair, Josh	FR	CLARK	4/17/2009	Lewis & Clark	
10	3.70m	12-01.50	F	---	Armstrong, Tim		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
11	3.54m	11-07.25	M	---	Rosenberg, J.J.	FR	LANE	3/5/2009	Chico Multi Invitational	
12	3.18m	10-05.25	M	---	Hale, Sam	SO	SPOKANE	3/5/2009	Sasquatch Mini Meet	
13	2.80m	9-02.25	M	---	Smith, Justin	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
14	2.74m	8-11.75	M	---	Turner, Sean	FR	LANE	3/5/2009	Chico Multi Invitational	
15	2.48m	8-01.50	M	---	Knoop, Jonathan		SPOKANE	3/5/2009	Sasquatch Mini Meet	
16	2.44m	8-00.00	M	---	Feemster, Trace	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
17	2.20m	7-02.50	M	---	Howelton, Brian		MT. HOOD	4/13/2009	2009 Mt. Hood Multi Meet	
<b>Male Open Long Jump</b>										
1	7.01m	2009 23-00.00	F	---	Davis, Trent		LANE	4/11/2009	WAOR II	
2	6.83m	2009 22-05.00	F	---	Hansen, James		CLARK	4/17/2009	Lewis & Clark	
3	6.81m	2009 22-04.25	F	---	Cramer, Robert		CLARK	4/3/2009	Willamette Invitational	
4	6.66m	2009 21-10.25	F	---	Lindquist, Seth		LANE	4/11/2009	WAOR II	
5	6.65m	2009 21-10.00	F	---	Walker, Dominick	FR	CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker	
6	6.59m	2009 21-07.50	F	---	Edwards, Deonta		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
7	6.53m	2009 21-05.25	M	---	Burbank, Bruce		LANE	3/5/2009	Chico Multi Invitational	
8	X6.38m	20-11.25	F	---	Rosenberg, J.J.	FR	LANE	4/11/2009	WAOR II	
9	6.36m	20-10.50	F	---	Moore, Ethan	FR	CLARK	4/17/2009	Lewis & Clark	
10*	6.25m	20-06.25	F	---	Ragland, Chris	FR	SW OREGON	3/14/2009	Mt. Hood CC Saints Open	
10*	6.25m	20-06.25	F	---	Godfrey, Kevin	FR	LANE	4/3/2009	Willamette Invitational	
10*	6.25m	20-06.25	F	---	Feser, Jason		SPOKANE	4/18/2009	2009 Spike Arlt Invitational	
13	6.19m	20-03.75	F	---	Howelton, Brian		MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker	
14	6.17m	20-03.00	F	---	Melum, Trevor		CLACKAMAS	2/28/2009	2009 PLU Spring Open	
15	6.16m	20-02.50	F	---	Feemster, Trace	FR	LANE	4/3/2009	Willamette Invitational	
16	6.09m	19-11.75	F	---	Armstrong, Tim		SPOKANE	3/20/2009	Dusty Lane Open	
17	6.02m	19-09.00	M	---	Hale, Sam	SO	SPOKANE	3/5/2009	Sasquatch Mini Meet	
18	X5.99m	19-08.00	F	---	Davis, Kendrick	FR	LANE	4/11/2009	WAOR II	

## 2009 NWAACC Track & Field

### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd		Name	Age/Yr			
19	5.97m	19-07.00	F	---	Turner, Sean	FR	LANE	4/3/2009	Willamette Invitational
20	5.95m	19-06.25	F	---	Ryan, Jared	FR	SPOKANE	4/18/2009	2009 Spike Arlt Invitational
21	5.94m	19-06.00	F	---	Baertlein, Andrew	FR	CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker
22	5.87m	19-03.25	F	---	Smith, Justin	FR	CLARK	4/17/2009	Lewis & Clark
23	5.77m	18-11.25	F	---	Davis, Kenny	SO	CLARK	4/3/2009	Willamette Invitational
24	5.72m	18-09.25	F	---	Frischman, Beau	FR	MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker
25	5.67m	18-07.25	F	---	Schnell, Garrett	FR	CLACKAMAS	3/6/2009	Linfield Erik Anderson Icebreaker
26	5.61m	18-05.00	F	---	Gannon, Justin	FR	CLARK	4/17/2009	Lewis & Clark
27	5.46m	17-11.00	F	---	Nell, Carter		SPOKANE	3/26/2009	Buc Scoring Invitational
28*	5.34m	17-06.25	M	---	Knoop, Jonathan		SPOKANE	3/5/2009	Sasquatch Mini Meet
28*	5.34m	17-06.25	F	---	Wallace, Jeremy	FR	MT. HOOD	2/28/2009	2009 PLU Spring Open
30	5.33m	17-06.00	F	---	Urias, Emanuel	FR	SW OREGON	3/7/2009	Artie Sullivan
31	4.77m	15-07.75	F	---	Freshour, Tyson	FR	MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker
<b>Male Open Triple Jump</b>									
1*	13.65m	2009 44-09.50	F	---	Lindquist, Seth		LANE	4/11/2009	WAOR II
1*	13.65m	2009 44-09.50	F	---	Cramer, Robert		CLARK	4/3/2009	Willamette Invitational
3	13.21m	2009 43-04.25	F	---	Feser, Jason		SPOKANE	4/11/2009	WAOR II
4	13.13m	2009 43-01.00	F	---	Howelton, Brian		MT. HOOD	4/10/2009	Pacific Northwest Relays
5	12.88m	42-03.25	F	---	Moore, Ethan	FR	MT. HOOD	4/10/2009	Pacific Northwest Relays
6	12.83m	42-01.25	F	---	Davis, Trent		LANE	4/11/2009	WAOR II
7	12.75m	41-10.00	F	---	Gannon, Justin	FR	SW OREGON	4/3/2009	Willamette Invitational
8	12.71m	41-08.50	F	---	Davis, Kendrick	FR	LANE	4/11/2009	WAOR II
9	12.50m	41-00.25	F	---	Davis, Kenny	SO	CLARK	4/3/2009	Willamette Invitational
10	12.40m	40-08.25	F	---	Leman, Tyler	FR	CLARK	4/17/2009	Lewis & Clark
11	11.91m	39-01.00	F	---	Melum, Trevor		MT. HOOD	4/10/2009	Pacific Northwest Relays
12	11.83m	38-09.75	F	---	Baertlein, Andrew	FR	MT. HOOD	4/10/2009	Pacific Northwest Relays
13	FOUL		F	---	Edwards, Deonta		SPOKANE	4/11/2009	WAOR II
<b>Male Open Shot Put</b>									
1	52.21m	2009171-03.50	F	---	Guffy, Paul	FR	SW OREGON	4/3/2009	Willamette Invitational
2	14.62m	2009 47-11.75	F	---	Velasquez, Jr	FR	MT. HOOD	3/6/2009	Linfield Erik Anderson Icebreaker
3	13.79m	2009 45-03.00	F	---	Bellitt, Chris		LANE	2/28/2009	Willamette Opener
4	13.41m	44-00.00	F	---	Jones, Griffon	FR	SPOKANE	4/18/2009	2009 Spike Arlt Invitational
5	13.36m	43-10.00	F	---	Case, Levi		TREASURE VALL	4/3/2009	Willamette Invitational
6	12.53m	41-01.50	F	---	Chau, Bryan	FR	CLARK	4/3/2009	Willamette Invitational
7	12.21m	40-00.75	F	---	Wolfe, Ryan		SPOKANE	4/11/2009	WAOR II
8	11.99m	39-04.00	F	---	Pike, Luke	SO	CLACKAMAS	4/10/2009	Pacific Northwest Relays
9	11.89m	39-00.25	F	---	Reece, Will		CLARK	4/17/2009	Lewis & Clark
10	11.66m	38-03.25	M	---	Armstrong, Tim		SPOKANE	3/5/2009	Sasquatch Mini Meet
11	11.41m	37-05.25	F	---	Rauschert, Cory		LANE	4/16/2009	Lane Open
12	11.29m	37-00.50	F	---	Reese, Howard		SW OREGON	4/10/2009	Pacific Northwest Relays
13	11.25m	36-11.00	F	---	Thies, Zach	FR	SW OREGON	3/14/2009	Mt. Hood CC Saints Open
14	11.24m	36-10.50	F	---	Weber, Adrian	FR	MT. HOOD	4/10/2009	Pacific Northwest Relays
15*	11.18m	36-08.25	M	---	Burbank, Bruce		LANE	3/5/2009	Chico Multi Invitational
15*	11.18m	36-08.25	F	---	Carnahan, Ben	FR	SW OREGON	4/10/2009	Pacific Northwest Relays
17	11.09m	36-04.75	M	---	Hale, Sam	SO	SPOKANE	3/5/2009	Sasquatch Mini Meet
18	10.86m	35-07.75	F	---	Van Fossen, Max	FR	SPOKANE	4/18/2009	2009 Spike Arlt Invitational
19	10.83m	35-06.50	M	---	Turner, Sean	FR	LANE	3/5/2009	Chico Multi Invitational
20	10.78m	35-04.50	F	---	Nell, Carter		SPOKANE	4/18/2009	2009 Spike Arlt Invitational

## 2009 NWAACC Track & Field

### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd		Name	Age/Yr		
21	10.59m	34-09.00	F	---	Bates, Aaron		CLACKAMAS	4/10/2009 Pacific Northwest Relays
22	10.10m	33-01.75	M	---	Feemster, Trace	FR	SW OREGON	4/16/2009 SW Oregon Decathlon
23	10.05m	32-11.75	F	---	Shepherd, Chris	SO	SPOKANE	4/18/2009 2009 Spike Arlt Invitational
24	10.04m	32-11.25	M	---	Rosenberg, J.J.	FR	LANE	3/5/2009 Chico Multi Invitational
25	10.01m	32-10.25	F	---	McNutt, Brett	FR	MT. HOOD	2/28/2009 2009 PLU Spring Open
26	9.95m	32-07.75	F	---	Paletti, John	FR	MT. HOOD	2/28/2009 2009 PLU Spring Open
27	9.93m	32-07.00	F	---	Keller, Braden	FR	CLACKAMAS	4/10/2009 Pacific Northwest Relays
28	9.86m	32-04.25	M	---	Smith, Justin	FR	SW OREGON	4/16/2009 SW Oregon Decathlon
29	9.72m	31-10.75	M	---	Godfrey, Kevin	FR	LANE	3/5/2009 Chico Multi Invitational
30	8.93m	29-03.75	M	---	Howelton, Brian		MT. HOOD	4/13/2009 2009 Mt. Hood Multi Meet
31	8.56m	28-01.00	M	---	Knoop, Jonathan		SPOKANE	3/5/2009 Sasquatch Mini Meet

#### Male Open Discus

1	51.45m	2009	168-09	F	---	Smith, Kahel		SPOKANE	4/3/2009 Willamette Invitational
2	46.23m	2009	151-08	F	---	Jones, Griffon	FR	SPOKANE	4/18/2009 2009 Spike Arlt Invitational
3	45.29m	2009	148-07	F	---	Bellitt, Chris		LANE	4/3/2009 Willamette Invitational
4	40.45m		132-08	F	---	Lindgren, Tyler		LANE	4/16/2009 Lane Open
5	X40.08m		131-06	F	---	Wolfe, Ryan		SPOKANE	4/11/2009 WAOR II
6	39.28m		128-10	F	---	Velasquez, Jr	FR	MT. HOOD	4/10/2009 Pacific Northwest Relays
7	38.51m		126-04	F	---	Shepherd, Chris	SO	SPOKANE	3/26/2009 Buc Scoring Invitational
8	37.77m		123-11	F	---	Bates, Aaron		CLACKAMAS	4/10/2009 Pacific Northwest Relays
9	37.14m		121-10	F	---	Thies, Zach	FR	SW OREGON	3/7/2009 Artie Sullivan
10	37.01m		121-05	F	---	Weber, Adrian	FR	MT. HOOD	4/4/2009 JD Shotwell Invitational
11	36.50m		119-09	F	---	Chau, Bryan	FR	CLARK	4/17/2009 Lewis & Clark
12	35.55m		116-08	F	---	Pike, Luke	SO	CLACKAMAS	3/6/2009 Linfield Erik Anderson Icebreaker
13	34.33m		112-07	F	---	McNutt, Brett	FR	MT. HOOD	3/6/2009 Linfield Erik Anderson Icebreaker
14	34.29m		112-06	F	---	Armstrong, Tim		SPOKANE	4/18/2009 2009 Spike Arlt Invitational
15	33.23m		109-00	F	---	Carnahan, Ben	FR	SW OREGON	3/7/2009 Artie Sullivan
16	32.94m		108-01	F	---	Burbank, Bruce		LANE	4/16/2009 Lane Open
17	32.47m		106-06	M	---	Turner, Sean	FR	LANE	3/5/2009 Chico Multi Invitational
18	31.76m		104-02	F	---	Rauschert, Cory		LANE	4/3/2009 Willamette Invitational
19*	30.87m		101-03	F	---	Nell, Carter		SPOKANE	4/18/2009 2009 Spike Arlt Invitational
19*	30.87m		101-03	F	---	Van Fossen, Max	FR	SPOKANE	3/20/2009 Dusty Lane Open
21	30.46m		99-11	M	---	Smith, Justin	FR	SW OREGON	4/16/2009 SW Oregon Decathlon
22	30.33m		99-06	F	---	Keller, Braden	FR	CLACKAMAS	4/10/2009 Pacific Northwest Relays
23	29.26m		96-00	M	---	Hale, Sam	SO	SPOKANE	3/5/2009 Sasquatch Mini Meet
24	28.86m		94-08	M	---	Rosenberg, J.J.	FR	LANE	3/5/2009 Chico Multi Invitational
25	28.28m		92-09	F	---	Walker, Dominick	FR	CLARK	4/17/2009 Lewis & Clark
26	28.25m		92-08	F	---	Reese, Howard		SW OREGON	4/10/2009 Pacific Northwest Relays
27	27.68m		90-10	M	---	Feemster, Trace	FR	SW OREGON	4/16/2009 SW Oregon Decathlon
28	26.49m		86-11	M	---	Godfrey, Kevin	FR	LANE	3/5/2009 Chico Multi Invitational
29	26.43m		86-08	F	---	Paletti, John	FR	MT. HOOD	3/14/2009 Mt. Hood CC Saints Open
30	22.54m		73-11	M	---	Knoop, Jonathan		SPOKANE	3/5/2009 Sasquatch Mini Meet
31	20.28m		66-06	F	---	Martin, Jordan	FR	CLARK	3/6/2009 Linfield Erik Anderson Icebreaker
32	19.32m		63-05	M	---	Howelton, Brian		MT. HOOD	4/13/2009 2009 Mt. Hood Multi Meet

#### Male Open Hammer

1	57.00m	2009	187-00	F	---	Lindgren, Tyler		LANE	2/28/2009 Willamette Opener
2	51.86m	2009	170-02	F	---	Smith, Kahel		SPOKANE	4/11/2009 WAOR II
3	48.66m	2009	159-08	F	---	Pike, Luke	SO	CLACKAMAS	2/28/2009 2009 PLU Spring Open

## 2009 NWAACC Track & Field

### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr			
4	40.99m	134-06	F	---	Bates, Aaron	CLARK	4/17/2009	Lewis & Clark
5	38.68m	126-11	F	---	Flemmer, Jason	SPOKANE	3/5/2009	Sasquatch Mini Meet
6	38.18m	125-03	F	---	Rauschert, Cory	LANE	4/16/2009	Lane Open
7	37.19m	122-00	F	---	Shepherd, Chris	SO SPOKANE	3/26/2009	Buc Scoring Invitational
8	36.38m	119-04	F	---	Keller, Braden	FR CLACKAMAS	3/14/2009	Mt. Hood CC Saints Open
9	35.56m	116-08	F	---	Velasquez, Jr	FR MT. HOOD	4/10/2009	Pacific Northwest Relays
10	X33.54m	110-00	F	---	Van Fossen, Max	FR SPOKANE	4/11/2009	WAOR II
11	31.53m	103-05	F	---	Wolfe, Ryan	SPOKANE	4/18/2009	2009 Spike Arlt Invitational
12	29.66m	97-04	F	---	Chau, Bryan	FR CLARK	4/17/2009	Lewis & Clark
13	27.19m	89-02	F	---	Kee, Tatsuya	FR CLARK	4/10/2009	Pacific Northwest Relays
14	20.38m	66-10	F	---	Paletti, John	FR MT. HOOD	2/28/2009	2009 PLU Spring Open

#### Male Open Hammer SCC-6:00FRI

1	33.77m	110-09	F	---	Wolfe, Ryan	SPOKANE	3/20/2009	Dusty Lane Open
2	27.79m	91-02	F	---	Van Fossen, Max	FR SPOKANE	3/20/2009	Dusty Lane Open
3	FOUL		F	---	Shepherd, Chris	SO SPOKANE	3/20/2009	Dusty Lane Open

#### Male Open Javelin

1	62.26m	2009	204-03	F	---	Flemmer, Jason	SPOKANE	3/26/2009	Buc Scoring Invitational
2	59.39m	2009	194-10	F	---	Keller, Braden	FR CLACKAMAS	4/10/2009	Pacific Northwest Relays
3	56.95m	2009	186-10	F	---	Guffy, Paul	FR CLARK	4/17/2009	Lewis & Clark
4	53.89m		176-10	F	---	Robinson, Kyle	MT. HOOD	4/4/2009	JD Shotwell Invitational
5	51.34m		168-05	F	---	Hughes, Alex	FR CLARK	4/10/2009	Pacific Northwest Relays
6	51.20m		168-00	F	---	McCoy, Randy	SPOKANE	4/18/2009	2009 Spike Arlt Invitational
7	50.76m		166-06	F	---	Weber, Adrian	FR MT. HOOD	4/10/2009	Pacific Northwest Relays
8	50.65m		166-02	F	---	Case, Levi	TREASURE VALLE	4/3/2009	Willamette Invitational
9	50.45m		165-06	F	---	Walker, Dominick	FR CLARK	4/17/2009	Lewis & Clark
10	49.76m		163-03	F	---	Fugere, Kyle	FR CLARK	4/17/2009	Lewis & Clark
11	49.05m		160-11	F	---	Ryan, Jared	FR SPOKANE	3/26/2009	Buc Scoring Invitational
12	48.93m		160-06	F	---	Gannon, Justin	FR SW OREGON	4/10/2009	Pacific Northwest Relays
13	48.05m		157-08	M	---	Nell, Carter	SPOKANE	3/5/2009	Sasquatch Mini Meet
14	47.32m		155-03	F	---	Armstrong, Tim	SPOKANE	3/20/2009	Dusty Lane Open
15	46.45m		152-05	F	---	Vaughn, KC	FR MT. HOOD	2/28/2009	2009 PLU Spring Open
16	46.33m		152-00	F	---	Andrews, Ben	FR CLACKAMAS	3/14/2009	Mt. Hood CC Saints Open
17	46.29m		151-10	M	---	Rosenberg, J.J.	FR LANE	3/5/2009	Chico Multi Invitational
18	45.59m		149-07	F	---	Schnell, Garrett	FR CLACKAMAS	3/14/2009	Mt. Hood CC Saints Open
19	45.05m		147-10	F	---	Godfrey, Kevin	FR LANE	4/11/2009	WAOR II
20	44.34m		145-06	F	---	Martin, Jordan	FR CLARK	3/14/2009	Mt. Hood CC Saints Open
21	43.14m		141-06	F	---	Bellefeuille, Jed	FR CLACKAMAS	4/10/2009	Pacific Northwest Relays
22	43.00m		141-01	F	---	Smith, Justin	FR SW OREGON	3/14/2009	Mt. Hood CC Saints Open
23	42.07m		138-00	M	---	Hale, Sam	SO SPOKANE	3/5/2009	Sasquatch Mini Meet
24	41.90m		137-06	M	---	Turner, Sean	FR LANE	3/5/2009	Chico Multi Invitational
25	38.00m		124-08	F	---	Knoop, Jonathan	SPOKANE	3/20/2009	Dusty Lane Open
26	36.20m		118-09	M	---	Burbank, Bruce	LANE	3/5/2009	Chico Multi Invitational
27	35.85m		117-07	M	---	Feemster, Trace	FR SW OREGON	4/16/2009	SW Oregon Decathlon
28	34.53m		113-03	F	---	Carnahan, Ben	FR CLARK	4/17/2009	Lewis & Clark
29	25.40m		83-04	F	---	Kee, Tatsuya	FR CLARK	3/6/2009	Linfield Erik Anderson Icebreaker
30	23.32m		76-06	M	---	Howelton, Brian	MT. HOOD	4/13/2009	2009 Mt. Hood Multi Meet

#### Male Open Decathlon

1	6311	2009		F	---	Burbank, Bruce	LANE	3/5/2009	Chico Multi Invitational
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## 2009 NWAACC Track & Field

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### Individual Top Marks

Marks since: 28-Feb-09

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr				
2	6198	2009	F	--- Godfrey, Kevin	FR	LANE	3/5/2009	Chico Multi Invitational	
3	6136	2009	F	--- Walker, Dominick	FR	CLACKAMAS	3/23/2009	Linfield Multis '09	
4	6068	2009	F	--- Armstrong, Tim		SPOKANE	3/5/2009	Sasquatch Mini Meet	
5	5686	2009	F	--- Hale, Sam	SO	SPOKANE	3/5/2009	Sasquatch Mini Meet	
6	5366	2009	F	--- Rosenberg, J.J.	FR	LANE	3/5/2009	Chico Multi Invitational	
7	5307	2009	F	--- Nell, Carter		SPOKANE	3/5/2009	Sasquatch Mini Meet	
8	4977	2009	F	--- Smith, Justin	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
9	4974	2009	F	--- Turner, Sean	FR	LANE	3/5/2009	Chico Multi Invitational	
10	4695	2009	F	--- Moore, Ethan	FR	CLACKAMAS	3/23/2009	Linfield Multis '09	
11	4692	2009	F	--- Howelton, Brian		MT. HOOD	4/13/2009	2009 Mt. Hood Multi Meet	
12	4460	2009	F	--- Knoop, Jonathan		SPOKANE	3/5/2009	Sasquatch Mini Meet	
13	4385	2009	F	--- Feemster, Trace	FR	SW OREGON	4/16/2009	SW Oregon Decathlon	
14	4369	2009	F	--- Schnell, Garrett	FR	CLACKAMAS	3/23/2009	Linfield Multis '09	