

# SAINTS AND CAVALIERS INVITATIONAL

Mt. Hood Community College

April 26, 2008

## Results

### Women 100 Meter Dash

Name	School	Finals	H#
1 Persaud, Stephanie	Concordia (Ore.)	12.33	1
2 Oniah, Joyce	Concordia (Ore.)	12.57	1
3 Dittmar, Stefani	Clackamas CC	12.74	1
4 Duckett, Lauren	Western Oregon	12.79	1
5 Jameson, Kaley	Concordia (Ore.)	12.99	1
6 Jacoy, Dominique	Concordia (Ore.)	13.28	2
7 Pruitt, Kourtni	Mt. Hood CC	13.29	1
8 davis, bianca	Corban	13.32	1
9 Shafer, Lauren	Clackamas CC	13.51	2
10 Heckeroth, Courtney	Clackamas CC	13.81	2
11 Abraham, Kamisha	SW Oregon CC	14.02	1
12 nolz, lauren	Corban	14.06	2
13 Williams, Kristine	SW Oregon CC	14.21	2
14 Butler, Linda	Unattached	14.43	3
15 Richards, Cassandra	Clackamas CC	14.64	2
16 Westlake, Samantha	Warner Pacific	14.91	3
17 clark, allison	Corban	15.26	3
18 Newby, Rachel	Warner Pacific	15.46	3
19 Bird, Stacy	Mt. Hood CC	15.88	3

### Women 200 Meter Dash

Name	School	Finals	H#
1 Persaud, Stephanie	Concordia (Ore.)	25.81	1
2 Dittmar, Stefani	Clackamas CC	26.21	1
3 Reid, Kaitlyn	Clackamas CC	26.58	1
4 Jameson, Kaley	Concordia (Ore.)	27.15	1
5 davis, bianca	Corban	27.21	1
6 Jacoy, Dominique	Concordia (Ore.)	27.46	1
7 DeBoot, Grace	Eastern Oregon	27.47	1
8 Pruitt, Kourtni	Mt. Hood CC	27.60	1
9 Shafer, Aimee	Clackamas CC	28.12	2
10 Shafer, Lauren	Clackamas CC	28.65	2
11 Butler, Linda	Unattached	29.39	2
12 nolz, lauren	Corban	29.55	2
13 Westlake, Samantha	Warner Pacific	29.95	2
14 clark, allison	Corban	30.99	2

### Women 400 Meter Dash

Name	School	Finals	H#
1 Hemphill, Rachel	Clackamas CC	58.84	1
2 DeBoot, Grace	Eastern Oregon	1:01.13	1
3 Kellmer, Allison	Clark College	1:02.31	1
4 Abesa, Melisa	Eastern Oregon	1:03.00	2
5 DeJong, Taylor	Clark College	1:05.45	2
6 Murphy, Danielle	Eastern Oregon	1:06.30	1
7 Alyala, Illy	SW Oregon CC	1:06.60	2
8 Cooley, Stephanie	Warner Pacific	1:07.67	2
9 Wood, Morgan	Clark College	1:10.74	2

### Women 800 Meter Run

Name	School	Finals
1 Breck, Sheryl	Mt. Hood CC	2:16.60
2 Wongwai, Jamie	Clark College	2:18.60
3 Stegner, Tera	Corban	2:18.80
4 Batcheller, Kira	Western Oregon	2:19.67

5	Scheese, Andria	Clackamas CC	2:21.02
6	Zambon, Erica	Western Oregon	2:24.24
7	Moller, Carli	Corban	2:25.03
8	Windle, Stephanie	Eastern Oregon	2:26.11
9	griggs, karissa	Corban	2:31.98
10	laughlin, erin	Corban	2:33.17
11	Nielsen, Jill	Corban	2:33.20
12	Ward, Jessie	SW Oregon CC	2:34.12
13	Fielder, Charlonda	Unattached	2:36.12
14	Cooley, Stephanie	Warner Pacific	2:39.11
15	Youngblood, LaNeshia	SW Oregon CC	2:44.50

### Women 1500 Meter Run

	Name	School	Finals
1	Breck, Sheryl	Mt. Hood CC	4:42.23
2	Larson, Janae	Clark College	4:44.43
3	Harper, Jessica	Western Oregon	4:47.35
4	Moller, Carli	Corban	4:51.89
5	Nielsen, Jill	Corban	5:08.34
6	Ward, Jessie	SW Oregon CC	5:15.43
7	Baynes, Emily	Northwest Christian	5:25.12
8	Melgoza, Tracey	SW Oregon CC	5:32.10
9	Page, Melinda	Mt. Hood CC	5:47.71
10	Osten, Karly	Clackamas CC	5:52.92

### Women 5000 Meter Run

	Name	School	Finals
1	Bosch, Marcella	Eastern Oregon	18:40.1h
2	Taylor, Alice	Concordia (Ore.)	19:12.0h
3	Schumacher, Cassandra	Unattached	20:16.0h
4	Clapp, Katie	Eastern Oregon	20:23.2h
5	Howard, Bethany	Northwest Christian	20:28.1h
6	Rose, Jessica	Northwest Christian	20:31.9h
7	Frasier, Francesca	SW Oregon CC	20:57.5h
8	Payment, Whitney	Mt. Hood CC	21:41.0h
9	Page, Melinda	Mt. Hood CC	22:38.5h
10	O'Rielly, Rachel	Eastern Oregon	23:01.1h

### Women 10000 Meter Run

	Name	School	Finals
1	Howard, Janet	Unattached	41:38.46
2	Aikin, Sara	Corban	43:50.79
3	Pesanti, Maggie	Concordia (Ore.)	43:55.77
4	Robert, Samantha	Concordia (Ore.)	43:57.33
5	Rosenberger, Jenessa	Concordia (Ore.)	44:00.57

### Women 100 Meter Hurdles

	Name	School	Finals	H#
1	Johnson, Bridget	Team XO	15.24	1
2	Leighty, Melissa	George Fox	15.47	1
3	Scott, Jasmine	SW Oregon CC	15.70	1
4	Bannister, Cortney	Concordia (Ore.)	15.96	1
5	Gillespie, Kasie	Eastern Oregon	16.14	1
6	Reid, Kaitlyn	Clackamas CC	16.51	1
7	Smith, Arianne	SW Oregon CC	16.71	2
8	Williams, Kristine	SW Oregon CC	16.80	3
9	Annas, Katie	Warner Pacific	16.86	2
10	Weissert, Cayla	Eastern Oregon	16.88	2
11	Urbany, Rebecca	Mt. Hood CC	17.02	2
12	Gangwes, Kealani	Warner Pacific	17.13	2
13	Ricco, Danielle	Warner Pacific	17.61	2
14	Ward, Emma	Concordia (Ore.)	17.73	3
15	Ontko, Erin	Eastern Oregon	19.03	3

16	Pitts, Stephany	Mt. Hood CC	19.65	3
17	Beach, Cora	Eastern Oregon	19.71	2

### Women 400 Meter Hurdles

	Name	School	Finals	H#
1	Bannister, Cortney	Concordia (Ore.)	1:03.50	1
2	Annas, Katie	Warner Pacific	1:06.92	1
3	Harmon, Chelsee	Eastern Oregon	1:08.79	1
4	Gillespie, Kasie	Eastern Oregon	1:08.98	1
5	Dawson, Steffani	Unattached	1:09.06	2
6	Ricco, Danielle	Warner Pacific	1:09.77	2
7	Weissert, Cayla	Eastern Oregon	1:12.61	2
8	Beach, Cora	Eastern Oregon	1:15.11	2
9	Schmid, Erika	Concordia (Ore.)	1:20.64	2
10	ghavami, al	Corban	1:21.40	2
---	Toscano, Mariana	Concordia (Ore.)	DQ	1

### Women 3000 Meter Steeplechase

	Name	School	Finals
1	McKillip, Lyndsey	Western Oregon	11:01.88
2	Windle, Stephanie	Eastern Oregon	11:28.97
3	Pletan, Christy	Eastern Oregon	12:01.74
4	Melgoza, Tracey	SW Oregon CC	12:29.07
5	Payment, Whitney	Mt. Hood CC	12:30.30
6	ghavami, al	Corban	12:33.17
7	Moss, Jodi	Clark College	12:50.62
8	Moore, Alisa	Clark College	14:57.65

### Women 4x100 Meter Relay

	Team	Relay	Finals
1	Concordia (Ore.)	A	48.89
2	Clackamas CC	A	50.12
3	Eastern Oregon	A	51.86
4	Warner Pacific	A	52.94
5	SW Oregon CC	A	53.43
---	Corban	A	DNF
---	Clark College	A	DNF

### Women 4x400 Meter Relay

	Team	Relay	Finals
1	Concordia (Ore.)	A	4:08.47
2	Corban	A	4:10.67
3	Eastern Oregon	A	4:12.91
4	Warner Pacific	A	4:25.87
5	SW Oregon CC	A	4:31.54
6	Clark College	B	4:37.43

### Women High Jump

	Name	School	Finals
1	Orr, Kasey	SW Oregon CC	1.62m 5-03.75
2	Schmid, Erika	Concordia (Ore.)	J1.62m 5-03.75
3	Ferguson, Danielle	Concordia (Ore.)	1.57m 5-01.75
4	Berry, Ashley	Western Oregon	1.47m 4-09.75
5	Pitts, Stephany	Mt. Hood CC	1.42m 4-07.75
6	Gill, Susanna	Mt. Hood CC	1.37m 4-06.00
7	Smith, Arianne	SW Oregon CC	J1.37m 4-06.00
---	Schumacher, Terra	Mt. Hood CC	NH

### Women Pole Vault

	Name	School	Finals
1	Schumacher, Terra	Mt. Hood CC	3.35m 10-11.75
2	Weissert, Cayla	Eastern Oregon	3.20m 10-06.00

3	Ramsey, Mallory	willamette striders track club	3.05m	10-00.00
4	Gillespie, Kaycee	Concordia (Ore.)	J3.05m	10-00.00
5	Shafer, Aimee	Clackamas CC	J3.05m	10-00.00
6	Jantzi, Kendra	Concordia (Ore.)	2.89m	9-05.75
7	Graves, Jacquelyn	Oregon Tech	J2.89m	9-05.75
8	Kermode, Danielle	Clark College	2.74m	8-11.75
9	Wright, Mary	Eastern Oregon	J2.74m	8-11.75

### Women Long Jump

	Name	School	Finals	
1	Johnson, Bridget	Team XO	5.60m	18-04.50
2	Abraham, Kamisha	SW Oregon CC	5.40m	17-08.75
3	Cadogan, Lakeesha	Concordia (Ore.)	5.26m	17-03.25
4	Oniah, Joyce	Concordia (Ore.)	5.18m	17-00.00
5	Gillespie, Kasie	Eastern Oregon	5.14m	16-10.50
6	Scott, Jasmine	SW Oregon CC	4.99m	16-04.50
7	Urbany, Rebecca	Mt. Hood CC	4.91m	16-01.50
8	Jacoy, Dominique	Concordia (Ore.)	4.89m	16-00.50
9	Heckerroth, Courtney	Clackamas CC	4.82m	15-09.75
10	Loscutoff, Alexa	Eastern Oregon	4.74m	15-06.75
10	davis, bianca	Corban	4.74m	15-06.75
12	Williams, Kristine	SW Oregon CC	4.56m	14-11.50
13	Schmidig, Courtney	Eastern Oregon	4.53m	14-10.50
14	Iveans, Kyla	SW Oregon CC	4.45m	14-07.25
15	Bird, Stacy	Mt. Hood CC	4.39m	14-05.00
16	Schumacher, Terra	Mt. Hood CC	4.26m	13-11.75
17	nolz, lauren	Corban	4.17m	13-08.25
18	Canady, Brittany	Mt. Hood CC	3.71m	12-02.25
19	Ontko, Erin	Eastern Oregon	3.53m	11-07.00
---	Ward, Emma	Concordia (Ore.)	ND	

### Women Triple Jump

	Name	School	Finals	
1	Rosenberg, Sarajane	Western Oregon	11.31m	37-01.25
2	Cadogan, Lakeesha	Concordia (Ore.)	11.20m	36-09.00
3	Ferguson, Danielle	Concordia (Ore.)	11.17m	36-07.75
4	Urbany, Rebecca	Mt. Hood CC	11.02m	36-02.00
5	Hodgin, Emily	George Fox	10.75m	35-03.25
6	Schmidig, Courtney	Eastern Oregon	10.46m	34-04.00
7	Gangwes, Kealani	Warner Pacific	10.32m	33-10.25
8	Whitehill, Sierra	George Fox	10.25m	33-07.50
9	Loscutoff, Alexa	Eastern Oregon	10.06m	33-00.25
10	Toscano, Mariana	Concordia (Ore.)	9.72m	31-10.75
11	Iveans, Kyla	SW Oregon CC	9.47m	31-01.00
12	Bird, Stacy	Mt. Hood CC	9.45m	31-00.00
13	Heckerroth, Courtney	Clackamas CC	9.37m	30-09.00
14	Abraham, Kamisha	SW Oregon CC	9.05m	29-08.25
15	Williams, Kristine	SW Oregon CC	8.82m	28-11.25
---	Keifer, Mandy	Western Oregon	ND	

### Women Shot Put

	Name	School	Finals	
1	Tripp, Katherine	Concordia (Ore.)	13.47m	44-02.50
2	Davis, Adrienne	Mt. Hood CC	13.08m	42-11.00
3	Hess, Annie	Concordia (Ore.)	12.47m	40-11.00
4	Crawford, Anja	Mt. Hood CC	11.88m	38-11.75
5	Taylor, Alyssa	Western Oregon	11.11m	36-05.50
6	Wentz, Breanna	Clark College	11.10m	36-05.00
7	Ulmer, Tiffany	Eastern Oregon	11.05m	36-03.00
8	Jackson, Rachel	Eastern Oregon	10.94m	35-10.75
9	Ramos, Chelsey	Mt. Hood CC	10.85m	35-07.25
10	Hopoi, Milikia	Unattached	9.89m	32-05.50
11	Burrus, Kayla	Eastern Oregon	9.86m	32-04.25

12	Jenkins, Brittany	Mt. Hood CC	9.65m	31-08.00
13	Kimbal, Brandie	SW Oregon CC	9.44m	30-11.75
14	Unger, Becky	Eastern Oregon	8.89m	29-02.00
15	Newby, Rachel	Warner Pacific	7.94m	26-00.75
---	Holton, Brooklyn	Clark College	ND	

### Women Discus Throw

	Name	School	Finals	
1	Hess, Annie	Concordia (Ore.)	55.14m	180-11
2	Tripp, Katherine	Concordia (Ore.)	42.36m	139-00
3	Hess, Sierra	Clackamas CC	37.94m	124-06
4	Uskoski, Vanessa	Clark College	37.11m	121-09
5	Taylor, Alyssa	Western Oregon	36.65m	120-03
6	Ulmer, Tiffany	Eastern Oregon	36.55m	119-11
7	Unger, Becky	Eastern Oregon	36.19m	118-09
8	Wentz, Breanna	Clark College	34.65m	113-08
9	Crawford, Anja	Mt. Hood CC	33.45m	109-09
10	Kimbal, Brandie	SW Oregon CC	32.78m	107-06
11	Humphrey, Kristin	Western Oregon	26.11m	85-08
12	Snoderly, Katie	Western Oregon	25.90m	85-00
13	Davis, Adrienne	Mt. Hood CC	24.74m	81-02
14	Peoples, Jill	Warner Pacific	23.79m	78-01

### Women Hammer Throw

	Name	School	Finals	
1	Freed, Sabrina	Western Oregon	50.92m	167-01
2	Cole, Sara	Western Oregon	44.56m	146-02
3	Harshberger, Trisha	Eastern Oregon	43.77m	143-07
4	Hess, Annie	Concordia (Ore.)	43.75m	143-06
5	Federici, Amanda	Mt. Hood CC	42.81m	140-05
6	Crawford, Anja	Mt. Hood CC	41.19m	135-02
7	Jackson, Rachel	Eastern Oregon	39.44m	129-05
8	Taylor, Alyssa	Western Oregon	39.03m	128-01
9	Uskoski, Vanessa	Clark College	38.92m	127-08
10	Davis, Adrienne	Mt. Hood CC	38.86m	127-06
11	Humphrey, Kristin	Western Oregon	36.93m	121-02
12	Nelson, Michelle	Clark College	34.19m	112-02
13	Snoderly, Katie	Western Oregon	33.80m	110-11
14	Kennedy, Lacy	Mt. Hood CC	33.04m	108-05
15	Ulmer, Tiffany	Eastern Oregon	32.59m	106-11
16	Unger, Becky	Eastern Oregon	32.16m	105-06
17	Jenkins, Brittany	Mt. Hood CC	32.08m	105-03
18	Burrus, Kayla	Eastern Oregon	29.53m	96-10
19	Hamilton, Lauren	Clark College	26.98m	88-06
20	Wentz, Breanna	Clark College	26.50m	86-11

### Women Javelin Throw

	Name	School	Finals	
1	Sexton, Lauren	Concordia (Ore.)	47.80m	156-10
2	Clausen, Danielle	Concordia (Ore.)	43.55m	142-10
3	Peoples, Jill	Warner Pacific	39.33m	129-00
4	DeBoot, Grace	Eastern Oregon	38.82m	127-04
5	Harsin, Angela	Western Oregon	38.20m	125-04
6	Nojima, Aria	Concordia (Ore.)	37.95m	124-06
7	Kennedy, Lacy	Mt. Hood CC	36.45m	119-07
8	Morris, Cate	Western Oregon	36.30m	119-01
9	Ramos, Chelsey	Mt. Hood CC	35.48m	116-05
10	Ulmer, Tiffany	Eastern Oregon	35.08m	115-01
11	Newby, Rachel	Warner Pacific	34.82m	114-03
12	Hess, Sierra	Clackamas CC	34.50m	113-02
13	Orr, Kasey	SW Oregon CC	28.47m	93-05
14	Iveans, Kyla	SW Oregon CC	28.26m	92-08
15	Loscutoff, Alexa	Eastern Oregon	28.12m	92-03

16	Schumacher, Terra	Mt. Hood CC	26.63m	87-04
17	Kimbal, Brandie	SW Oregon CC	26.54m	87-01
18	Canady, Brittany	Mt. Hood CC	25.31m	83-00
19	Holton, Brooklyn	Clark College	23.53m	77-02
20	Pitts, Stephany	Mt. Hood CC	17.39m	57-01
21	Williams, Brittanie	Clark College	16.75m	54-11

### Men 100 Meter Dash

	Name	School	Finals	H#
1	Rickett, Ernest	SW Oregon CC	11.11	1
2	Fritz, Chris	George Fox	11.16	1
3	Johnson, Bryce	Unat-Mt. Hood CC	11.33	1
4	Lane, Richard	Clark College	11.34	4
5	Schmidt, Nathan	Eastern Oregon	11.36	1
6	clark, nick	Unattached	11.39	1
7	Truman, Gary	Eastern Oregon	11.41	1
8	Faber, Brandon	Mt. Hood CC	11.42	1
9	Loscutoff, Andy	Western Oregon	11.48	1
10	Wells, Dylan	Western Oregon	11.65	2
11	Threet, Joshua	Western Oregon	11.66	2
12	Dressler, Tim	Concordia (Ore.)	11.76	2
13	Carlson, Logan	Clark College	11.88	2
14	Marshall, Stephen	Concordia (Ore.)	11.93	2
15	Miller, Jason	Mt. Hood CC	11.99	3
16	Ntekpere, Ime	Clackamas CC	12.01	3
17	Schwanz, Trevor	Concordia (Ore.)	12.02	3
18	Akers, Tyrell	SW Oregon CC	12.15	4
19	Albrecht, Andrew	Unattached	12.18	3
20	Moore, Cody	Warner Pacific	12.29	3
21	Aiken, Jason	Warner Pacific	12.40	4
22	Zinn, Andrew	Mt. Hood CC	12.49	3
23	Moller, Nathan	Corban	12.55	4
24	Webb, Eric	Clark College	12.61	2

### Men 200 Meter Dash

	Name	School	Finals	H#
1	Washington, Nate	Clark College	22.26	1
2	Rickett, Ernest	SW Oregon CC	22.27	1
3	Fritz, Chris	George Fox	22.38	2
4	Fjelstad, Logan	Clackamas CC	22.46	1
5	Keller, Wesley	Unat-Clackamas CC	22.56	1
6	Schmidt, Nathan	Eastern Oregon	22.72	1
6	Lane, Richard	Clark College	22.72	3
8	Samuel, Cole	Western Oregon	22.79	2
9	clark, nick	Unattached	22.86	1
10	Loscutoff, Andy	Western Oregon	22.88	2
11	Threet, Joshua	Western Oregon	22.91	2
12	Carlson, Logan	Clark College	23.01	3
13	Peterson, Maurice	Mt. Hood CC	23.27	1
14	Smerke, Chris	Cascade College	23.39	3
15	Lee, Anthony	Unat-Sw Oregon CC	24.14	4
16	Albrecht, Andrew	Unattached	24.19	4
17	Burdett, Tom	Eastern Oregon	24.49	4
18	Garland, Chris	SW Oregon CC	24.71	4
19	Zinn, Andrew	Mt. Hood CC	24.86	3
20	Aiken, Jason	Warner Pacific	24.96	4
21	Webb, Eric	Clark College	25.01	3
22	McCusker, Andrew	Eastern Oregon	25.11	4
23	Moller, Nathan	Corban	25.23	4

### Men 400 Meter Dash

	Name	School	Finals	H#
1	Tweedy, Mat	Clackamas CC	48.45	1

2	Blizzard, Garrett	George Fox	49.01	1
3	Rickett, Ernest	SW Oregon CC	49.65	1
4	Mott, Ashtin	Western Oregon	49.83	2
5	Barrett, Ryan	Clark College	49.85	1
6	McMaster, Brian	Clark College	50.35	1
7	Keller, Wesley	Unat-Clackamas CC	50.94	1
8	Wise, Andrew	Eastern Oregon	51.52	2
9	Smerke, Chris	Cascade College	51.81	3
10	Garland, Chris	SW Oregon CC	52.18	3
11	Richardson, Jerimiah	Western Oregon	52.37	2
12	DesJardin, Marc	Western Oregon	53.52	2
12	Akers, Tyrell	SW Oregon CC	53.52	3
14	Lee, Anthony	Unat-Sw Oregon CC	53.57	2
15	Harrington, Adam	George Fox	53.92	3
16	Aiken, Jason	Warner Pacific	54.36	2
17	Meline, Zach	SW Oregon CC	54.65	3
18	Ragland, Chris	SW Oregon CC	55.15	3
19	Burdett, Tom	Eastern Oregon	55.89	2
20	Gleason, Casey	SW Oregon CC	58.45	3

### Men 800 Meter Run

	Name	School	Finals
1	Stupnitskiy, Anton	Warner Pacific	1:54.15
2	Schmidt, Mike	Western Oregon	1:54.86
3	Robinson, Brendan	Team XO	1:54.87
4	Romero-Clark, Martin	Concordia (Ore.)	1:55.38
5	Kebbe, Mike	Team XO	1:55.48
6	Search, Ben	Corban	1:56.16
7	Smith, Nick	Clark College	1:56.70
8	McChesney, Jesse	Clark College	1:57.93
9	Smith, Matt	Clark College	1:58.20
10	Morales, Fernando	Eastern Oregon	1:59.38
11	Banker, Travis	Western Oregon	1:59.96
12	Baltrus, Brocken	Mt. Hood CC	2:00.68
13	Bauman, Ahrlin	Team XO	2:01.25
14	Davis, Kenny	Clark College	2:02.13
15	Blackburn, Troy	Eastern Oregon	2:03.33
16	Bernard, Jason	Corban	2:03.53
17	Spencer, Brandon	Warner Pacific	2:04.80
18	Nunez, Gabe	Warner Pacific	2:06.89
19	Lopez, Robert	Warner Pacific	2:07.00
20	Hardrath, Jason	Corban	2:09.60
21	Waring, Joshua	Northwest Christian	2:10.07
22	Clark, Travis	SW Oregon CC	2:10.90
23	Manning, Robbie	SW Oregon CC	2:11.83
24	Sibold, Shane	Cascade College	2:11.90
25	McCusker, Andrew	Eastern Oregon	2:12.74
26	Alvarez, Daniel	Clackamas CC	2:12.94
27	Gipner, Joey	Oregon Tech	2:13.87
28	Gleason, Casey	SW Oregon CC	2:16.11
29	Fisher, Joel	Warner Pacific	2:20.50
30	Akers, Tyrell	SW Oregon CC	2:20.85

### Men 1500 Meter Run

	Name	School	Finals
1	Lopez, Brian	Team XO	3:54.10
2	Benson, Doug	Eastern Oregon	3:54.22
3	Brown, Jessie	Mt. Hood CC	3:57.74
4	Romero-Clark, Martin	Concordia (Ore.)	4:04.64
5	Mandell, Derek	Portland	4:05.08
6	Bauman, Ahrlin	Team XO	4:05.94
7	Roy, Jeff	Eastern Oregon	4:08.05

8	Hunt, Kym	Western Oregon	4:10.75
9	Davis, Kenny	Clark College	4:11.95
10	Grever, Chris	Mt. Hood CC	4:14.88
11	Snell, Ben	Corban	4:14.89
12	Bernard, Jason	Corban	4:15.95
13	Scott, Andrew	SW Oregon CC	4:16.33
14	Altemus, Ben	Mt. Hood CC	4:20.38
15	Clark, Travis	SW Oregon CC	4:20.57
16	Fox, Randy	Oregon Tech	4:24.10
17	Loewen, Josh	Clark College	4:25.02
18	Alvarez, Daniel	Clackamas CC	4:25.19
19	Hardrath, Jason	Corban	4:33.35
20	McArthur, Daniel	SW Oregon CC	4:41.45
21	Larsen, Joseph	Cascade College	4:46.24
22	Manning, Robbie	SW Oregon CC	4:48.83
---	Broom, Brooks	Portland	DNF
---	Kebbe, Mike	Team XO	DNF

### Men 5000 Meter Run

	Name	School	Finals
1	Shakalia, Karim	Warner Pacific	15:36.94
2	Dean, Justin	Eastern Oregon	15:54.89
3	Dodson, Tim	Unattached	15:59.59
4	Baker, Ben	Oregon Tech	16:05.70
5	Bartosz, Daniel	Unattached	16:18.51
6	Correll, Luke	Clackamas CC	16:20.71
7	Robison, Samuel	Northwest Christian	16:39.70
8	Quintana, Carlos	Eastern Oregon	17:06.49
9	Kundert, Brandon	Northwest Christian	17:21.17
10	Saltenberger, Morgan	Eastern Oregon	17:39.96
11	McArthur, Daniel	SW Oregon CC	18:04.25

### Men 10000 Meter Run

	Name	School	Finals
1	Becker, Peter	SW Oregon CC	34:44.38
2	Lagerstrom, Eric	Cascade College	34:44.58
3	Diephuis, Jeff	Team Red Lizard	35:13.83
4	Zitzer, Dylan	Concordia (Ore.)	36:24.81
5	Cook, Kevin	Corban	37:07.12
6	Smith, Matthew	Concordia (Ore.)	37:42.79
7	Boen, Mark	Unattached	38:44.25
8	Davis, Marcus	Warner Pacific	41:28.99

### Men 110 Meter Hurdles

	Name	School	Finals	H#
1	Young, Sammie	SW Oregon CC	15.39	1
2	Ohmes, Lucas	Eastern Oregon	15.62	1
3	Werner, Jordan	Western Oregon	16.16	1
4	Clark, Michael	Concordia (Ore.)	16.36	1
5	Adams, Roy	Warner Pacific	16.52	1
6	Manwell, Robert	Eastern Oregon	16.80	2
7	Wester, Stan	Clackamas CC	16.88	1
8	Miller, Shawn	Warner Pacific	17.45	2
9	Zinn, Andrew	Mt. Hood CC	17.58	2
10	Faber, Brandon	Mt. Hood CC	17.82	2
11	Kowalko, Caleb	Warner Pacific	18.30	2
12	Miller, Jason	Mt. Hood CC	18.95	2
13	Humphreys, Nathan	Eastern Oregon	20.40	2

### Men 400 Meter Hurdles

	Name	School	Finals	H#
1	Wester, Stan	Clackamas CC	56.19	1
2	Parrish, Curtis	Concordia (Ore.)	56.20	1

3	Miller, Adam	Eastern Oregon	56.69	1
4	Young, Sammie	SW Oregon CC	57.26	2
5	Miller, Shawn	Warner Pacific	58.56	2
6	Hanshumaker, Marshall	Western Oregon	58.61	2
7	Miller, Jason	Mt. Hood CC	59.01	1
8	McMaster, Brian	Clark College	59.94	1
9	Werner, Jordan	Western Oregon	59.96	1
10	Haldorson, Adam	George Fox	1:00.09	1
11	Ohmes, Lucas	Eastern Oregon	1:00.24	1
12	Manwell, Robert	Eastern Oregon	1:01.10	2
13	Starner, Cam	Eastern Oregon	1:01.16	2
14	Clark, Michael	Concordia (Ore.)	1:01.30	2
15	Humphreys, Nathan	Eastern Oregon	1:03.62	2
16	Balke, Geoffrey	Warner Pacific	1:04.52	2

### Men 3000 Meter Steeplechase

	Name	School	Finals	
1	Blackburn, Troy	Eastern Oregon	9:34.63	
2	Starner, Cam	Eastern Oregon	9:45.11	
3	Graves, Jonathan	Warner Pacific	9:54.82	
4	Baker, Chris	Clackamas CC	10:06.09	
5	Miller, Shaun	Oregon Tech	10:12.67	
6	De La Cruz, Juan	Unattached	10:17.18	
7	Correll, Jared	Clackamas CC	10:23.58	
8	Yorges, Chris	Unattached	10:29.56	

### Men 4x100 Meter Relay

	Team	Relay	Finals	H#
1	Clark College	A	42.21	1
2	Western Oregon	A	43.58	1
3	SW Oregon CC	A	43.94	1
4	Concordia (Ore.)	A	43.96	1
5	Unattached	A	44.96	2
6	Warner Pacific	A	45.46	2
7	Warner Pacific	B	46.31	2
---	Clackamas CC	A	DNF	1
---	Eastern Oregon	A	DQ	1

### Men 4x400 Meter Relay

	Team	Relay	Finals	H#
1	Clark College	A	3:19.99	1
2	Eastern Oregon	A	3:24.50	1
3	Clackamas CC	A	3:25.55	1
4	Warner Pacific	A	3:27.22	1
5	SW Oregon CC	A	3:28.09	1
6	Eastern Oregon	B	3:28.10	2
7	Clark College	B	3:32.66	1
8	Corban	A	3:33.19	1
9	Concordia (Ore.)	A	3:35.88	1
10	Unat-Mt. Hood CC	A	3:37.30	2
11	Warner Pacific	B	3:40.12	2

### Men High Jump

	Name	School	Finals	
1	Ojala, Kai	Clackamas CC	1.98m	6-06.00
2	Wegner, Robert	Western Oregon	1.88m	6-02.00
3	Leman, Tyler	SW Oregon CC	J1.88m	6-02.00
4	Gray, Justus	Eastern Oregon	1.83m	6-00.00
5	Scheetz, Daniel	Concordia (Ore.)	J1.83m	6-00.00
6	Ojala, Markus	Clackamas CC	1.78m	5-10.00
6	Adams, Roy	Warner Pacific	1.78m	5-10.00
8	Weston, Jacob	Mt. Hood CC	J1.78m	5-10.00
9	Torrence, Jeff	Mt. Hood CC	1.72m	5-07.75

10	Fennimore, Pat	SW Oregon CC	1.68m	5-06.00
---	Meline, Zach	SW Oregon CC	NH	

### Men Pole Vault

	Name	School	Finals	
1	Lundy, Tim	Clark College	4.60m	15-01.00
2	Cogdill, Ben	willamette striders track club	4.55m	14-11.00
3	Cordell, Seth	Concordia (Ore.)	J4.55m	14-11.00
4	Ohmes, Lucas	Eastern Oregon	4.30m	14-01.25
5	Carr, James	Clark College	4.15m	13-07.25
6	Hull, Jacob	Unattached	J4.15m	13-07.25
7	Baucom, Louis	Star-Vault	3.95m	12-11.50
8	Moore, Cody	Warner Pacific	J3.95m	12-11.50
9	North, Donald	Oregon Tech	J3.95m	12-11.50
10	Kowalko, Caleb	Warner Pacific	J3.95m	12-11.50
11	Crumbaker, Jeff	Clark College	3.80m	12-05.50
12	Mastel, Virgil	Concordia (Ore.)	J3.80m	12-05.50
13	Martin, Lucas	Cascade College	3.65m	11-11.75
14	Webb, Eric	Clark College	3.50m	11-05.75
15	Dressler, Tim	Concordia (Ore.)	3.15m	10-04.00
16	Humphreys, Nathan	Eastern Oregon	3.05m	10-00.00
---	Balke, Geoffrey	Warner Pacific	NH	
---	Boulton, Brad	Cascade College	NH	
---	Udell, Zeb	Western Oregon	NH	
---	McCormick, Bob	Unattached	NH	

### Men Long Jump

	Name	School	Finals	
1	Fry, Peter	Eastern Oregon	6.59m	21-07.50
2	Marshall, Stephen	Concordia (Ore.)	6.53m	21-05.25
3	Futter, Jameson	Concordia (Ore.)	6.45m	21-02.00
4	Ohmes, Lucas	Eastern Oregon	6.30m	20-08.00
5	Truman, Gary	Eastern Oregon	6.24m	20-05.75
6	Nieman, Andrew	Warner Pacific	6.10m	20-00.25
7	Miller, Shawn	Warner Pacific	6.05m	19-10.25
8	Lundy, Tim	Clark College	5.99m	19-08.00
9	Dotson, Matt	Clackamas CC	5.82m	19-01.25
10	Gannon, Justin	SW Oregon CC	5.79m	19-00.00
11	Ragland, Chris	SW Oregon CC	5.77m	18-11.25
12	Lane, Richard	Clark College	5.73m	18-09.75
13	Schwanz, Trevor	Concordia (Ore.)	5.71m	18-09.00
14	Kowalko, Caleb	Warner Pacific	5.63m	18-05.75
15	Torrence, Jeff	Mt. Hood CC	5.01m	16-05.25
16	Toreson, Nick	Eastern Oregon	4.64m	15-02.75
---	Humphreys, Nathan	Eastern Oregon	ND	

### Men Triple Jump

	Name	School	Finals	
1	Burton, DeAndre	Concordia (Ore.)	13.78m	45-02.50
2	Reisnaur, Tyler	Western Oregon	13.30m	43-07.75
3	Marshall, Stephen	Concordia (Ore.)	13.28m	43-07.00
4	Gannon, Justin	SW Oregon CC	12.79m	41-11.50
5	Leman, Tyler	SW Oregon CC	12.19m	40-00.00
6	Truman, Gary	Eastern Oregon	11.61m	38-01.25
7	Boulton, Brad	Cascade College	11.43m	37-06.00
8	Balke, Geoffrey	Warner Pacific	11.11m	36-05.50
9	Torrence, Jeff	Mt. Hood CC	10.42m	34-02.25
10	Sibold, Shane	Cascade College	10.00m	32-09.75

### Men Shot Put

	Name	School	Finals	
1	Carl, Leon	Concordia (Ore.)	15.61m	51-02.75
2	Valentine, Jacobsen	Mt. Hood CC	15.29m	50-02.00

3	Furgason, Derek	Concordia (Ore.)	14.56m	47-09.25
4	Barrett, Robert	Western Oregon	14.38m	47-02.25
5	Baxter, Quniten	Eastern Oregon	14.37m	47-01.75
6	Wheelhouse, Mitch	Unattached	13.92m	45-08.00
7	Crews, AJ	Clark College	13.27m	43-06.50
8	Ross, Josh	Eastern Oregon	12.91m	42-04.25
9	Dunten, Jason	Eastern Oregon	12.45m	40-10.25
10	Drelleshak, Jeremiah	Concordia (Ore.)	12.33m	40-05.50
11	Pike, Luke	Clackamas CC	11.78m	38-07.75
12	Cummings, Cory	Clark College	11.69m	38-04.25
13	Weidemann, Kevin	SW Oregon CC	11.59m	38-00.25
14	Reece, William	Mt. Hood CC	11.38m	37-04.00
15	Weston, Jacob	Mt. Hood CC	11.06m	36-03.50
16	Thomas, Jared	Mt. Hood CC	10.50m	34-05.50
17	Carnahan, Ben	SW Oregon CC	10.20m	33-05.75
18	Havens, Darrell	Cascade College	9.70m	31-10.00
19	Clouse, Andrew	Cascade College	7.37m	24-02.25
---	Munsy, Andy	Eastern Oregon	ND	

### Men Discus Throw

	Name	School	Finals	
1	Kay, Nik	Concordia (Ore.)	53.36m	175-01
2	Carl, Leon	Concordia (Ore.)	46.37m	152-01
3	Furgason, Derek	Concordia (Ore.)	45.01m	147-08
4	Valentine, Jacobsen	Mt. Hood CC	44.95m	147-06
5	Wheelhouse, Mitch	Unattached	43.43m	142-06
6	Wright, Michael	Concordia (Ore.)	40.70m	133-06
7	Ross, Josh	Eastern Oregon	40.33m	132-04
8	Baxter, Quniten	Eastern Oregon	39.32m	129-00
9	Weston, Jacob	Mt. Hood CC	38.64m	126-09
10	Drelleshak, Jeremiah	Concordia (Ore.)	37.45m	122-10
11	Cummings, Cory	Clark College	37.34m	122-06
12	Dunten, Jason	Eastern Oregon	37.15m	121-10
13	Pike, Luke	Clackamas CC	33.58m	110-02
14	Crews, AJ	Clark College	33.46m	109-09
15	Thomas, Jared	Mt. Hood CC	33.42m	109-08
16	Carnahan, Ben	SW Oregon CC	31.65m	103-10
17	Alston, Eric	Warner Pacific	29.35m	96-03
18	Fama, Sam	Clackamas CC	28.92m	94-10
19	Weidemann, Kevin	SW Oregon CC	26.34m	86-05
---	Munsy, Andy	Eastern Oregon	ND	

### Men Hammer Throw

	Name	School	Finals	
1	Milkalivc, Mike	Unattached	64.25m	210-09
2	Schultz, Greg	Concordia (Ore.)	60.94m	199-11
3	Wheelhouse, Mitch	Unattached	50.90m	167-00
4	Baxter, Quniten	Eastern Oregon	50.49m	165-08
5	Munsy, Andy	Eastern Oregon	47.94m	157-03
6	Drelleshak, Jeremiah	Concordia (Ore.)	47.90m	157-02
7	Skipper, Eric	Mt. Hood CC	45.51m	149-04
8	Wright, Michael	Concordia (Ore.)	44.85m	147-02
9	McCabe, Bob	Clark College	43.15m	141-07
10	Dunten, Jason	Eastern Oregon	42.86m	140-07
11	Crews, AJ	Clark College	40.89m	134-02
12	Barrett, Robert	Western Oregon	39.90m	130-11
13	Pike, Luke	Clackamas CC	37.54m	123-02
14	Carl, Leon	Concordia (Ore.)	37.13m	121-10
15	Weidemann, Kevin	SW Oregon CC	33.16m	108-09
16	Thomas, Jared	Mt. Hood CC	32.35m	106-02
17	Armstrong, Trevor	Unattached	28.17m	92-05

18 Fama, Sam

Clackamas CC

27.27m

89-06

### **Men Javelin Throw**

<b>Name</b>	<b>School</b>	<b>Finals</b>	
1 Roshau, Paul	Concordia (Ore.)	65.66m	215-05
2 Johnson, Bryce	Unat-Mt. Hood CC	58.32m	191-04
3 Bailey, Lane	Eastern Oregon	55.24m	181-03
4 Nieman, Andrew	Warner Pacific	53.95m	177-00
5 Richardson, Tyler	Concordia (Ore.)	50.79m	166-08
6 Armstrong, Trevor	Unattached	50.39m	165-04
7 Gannon, Justin	SW Oregon CC	50.09m	164-04
8 Adams, Roy	Warner Pacific	47.68m	156-05
9 Lundy, Tim	Clark College	47.38m	155-05
10 Ferebee, Michael	Clackamas CC	45.65m	149-09
11 Kowalko, Caleb	Warner Pacific	43.77m	143-07
12 Toreson, Nick	Eastern Oregon	43.00m	141-01
13 Alston, Eric	Warner Pacific	40.04m	131-04
14 Fama, Sam	Clackamas CC	38.28m	125-07
15 Carnahan, Ben	SW Oregon CC	36.76m	120-07
16 Moore, Cody	Warner Pacific	35.90m	117-09
17 Fisher, Joel	Warner Pacific	29.32m	96-02