

Southern Region Championships - 5/10/2008
Southwestern Oregon Community College
Results

Women 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Dittmar, Stefani	Clackamas CC	12.74	12.70	1	10
2 Martin, Jewel	Lane CC	12.64	12.81	1	8
3 Cribbs, Morgan	Clackamas CC	12.62	12.84	1	6
4 Glunt, Amber	Mt. Hood CC	12.92	12.89	1	5
5 Bishop, Heather	Lane CC	12.95	12.97	1	4
6 Sims, Crystal	Mt. Hood CC	12.93	13.22	1	3
7 Shafer, Aimee	Clackamas CC	13.28	13.26	2	2
8 Holt, Anisa	Clark College	13.03	13.27	2	1
9 Scott, Jasmine	SW Oregon CC	12.78	13.35	1	
10 Pruitt, Kourtni	Mt. Hood CC	13.29	13.53	2	
11 Shafer, Lauren	Clackamas CC	13.42	13.72	2	
12 Heckerth, Courtney	Clackamas CC	13.81	14.00	2	
13 Abraham, Kamisha	SW Oregon CC	12.90	14.00	1	
14 Williams, Kristine	SW Oregon CC	13.20	14.36	2	
15 Richards, Cassandra	Clackamas CC	14.15	14.48	2	

Women 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Cribbs, Morgan	Clackamas CC	25.41	25.99	1	10
2 Dittmar, Stefani	Clackamas CC	26.15	26.15	1	8
3 Glunt, Amber	Mt. Hood CC	25.96	26.25	1	6
4 Hemphill, Rachel	Clackamas CC	26.17	26.29	1	5
5 Martin, Jewel	Lane CC	26.17	26.99	1	4
6 Bishop, Heather	Lane CC	28.59	27.45	2	3
7 Holt, Anisa	Clark College	28.42	28.20	2	2
8 Pruitt, Kourtni	Mt. Hood CC	27.35	28.85	2	1
9 Alyala, Illy	SW Oregon CC	27.13	29.61	2	
10 Richards, Cassandra	Clackamas CC	29.18	30.79	2	

Women 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Glunt, Amber	Mt. Hood CC	58.69	57.42	1	10
2 Wongwai, Jamie 104	Clark College	58.91	58.04	1	8
3 Hemphill, Rachel	Clackamas CC	58.84	59.38	1	6
4 Pitts, Stephany 101	Mt. Hood CC	1:00.14	1:04.16	1	5
5 Nelson, Amy	Lane CC	1:03.83	1:04.24	2	4
6 Menzies, Jeanine	Lane CC		1:05.91	2	3
7 Alyala, Illy	SW Oregon CC	1:03.54	1:07.79	2	2
8 Vaughn, Mary	Lane CC	1:00.61	1:08.79	1	1

Women 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Breck, Sheryl 103	Mt. Hood CC	2:14.38	2:16.49	1	10
2 Twombly, Leah 105	Lane CC	2:23.91	2:20.83	1	8
3 Scheese, Andria 102	Clackamas CC	2:21.02	2:24.25	1	6
4 Wongwai, Jamie 104	Clark College	2:20.00	2:30.63	1	5
....Women 800 Meter Run					
5 Gill, Susanna 108	Mt. Hood CC	2:31.00	2:32.42	2	4
6 Pitts, Stephany 101	Mt. Hood CC	2:27.14	2:34.84	1	3
7 Krempley, Tara 107	Lane CC	2:37.60	2:38.71	2	2
8 Lee, Sierra 109	Lane CC		2:43.86	2	1

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Women 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Breck, Sheryl 103	Mt. Hood CC	4:39.96	4:41.64	10
2 Larson, Janae 127	Clark College	4:44.43	4:44.87	8
3 Twombly, Leah 105	Lane CC	4:50.15	4:49.35	6
4 Scheese, Andria 102	Clackamas CC	4:56.49	5:04.29	5
5 Frasier, Francesca 126	SW Oregon CC	5:08.60	5:34.68	4

Women 5000 Meter Run

Name	Year School	Seed	Finals	Points
1 Larson, Janae 127	Clark College	17:54.08	17:42.13	10
2 Breck, Sheryl 103	Mt. Hood CC	18:24.39	19:03.35	8
3 Twombly, Leah 105	Lane CC	18:45.66	19:56.27	6
4 Barnhart, Kathrine 143	Lane CC	20:26.65	19:59.77	5
5 Krempley, Tara 107	Lane CC		20:48.36	4
6 Lee, Sierra 109	Lane CC	20:34.45	21:36.27	3
7 Page, Melinda 144	Mt. Hood CC	22:34.00	22:14.26	2
8 Watson, Kristy 142	SW Oregon CC	20:25.40	24:35.82	1

Women 100 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Martin, Jewel	Lane CC	14.70	15.36	1	10
2 Bradford, Crystal	Lane CC	15.27	15.68	1	8
3 Reid, Kaitlyn	Clackamas CC	16.01	15.70	1	6
4 Bates, Danica	Lane CC	16.00	16.13	1	5
5 Schumacher, Terra	Mt. Hood CC	15.62	16.36	1	4
6 Nelson, Amy	Lane CC		16.37	1	3
7 Williams, Kristine	SW Oregon CC	17.20	16.52	2	1.50
7 Rear, Angela	Lane CC		16.52	2	1.50
9 Holt, Anisa	Clark College	18.40	17.11	2	
10 Urbany, Rebecca	Mt. Hood CC	16.70	17.36	2	
11 Smith, Arianne	SW Oregon CC	16.45	17.52	2	
12 Little, Alaura	Clackamas CC	17.18	17.57	2	
13 Williams, Brittanie	Clark College	18.05	19.07	2	
-- Scott, Jasmine	SW Oregon CC	15.60	DNF	1	

Women 400 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Glunt, Amber	Mt. Hood CC	1:02.31	1:05.02	10
2 Nelson, Amy	Lane CC	1:06.32	1:06.13	8
3 Reid, Kaitlyn	Clackamas CC	1:07.72	1:06.27	6
4 Bates, Danica	Lane CC	1:06.04	1:08.40	5

....Women 400 Meter Hurdles

5 Sims, Crystal	Mt. Hood CC	1:07.00	1:08.41	4
6 Bradford, Crystal	Lane CC	1:11.28	1:10.64	3
7 Dawson, Steffani	Clark College	1:09.79	1:11.35	2
8 Williams, Brittanie	Clark College		1:14.81	1

Women 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Frasier, Francesca 126	SW Oregon CC	12:07.00	12:07.86	10
2 Krempley, Tara 107	Lane CC	12:59.67	12:33.33	8
3 Melgoza, Tracey 133	SW Oregon CC	12:30.41	12:38.65	6

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4 Lee, Sierra 109	Lane CC	12:42.17	13:09.09	5
5 Osten, Karly 135	Clackamas CC	14:06.88	14:10.94	4
6 Payment, Whitney 128	Mt. Hood CC	12:30.30	15:01.02	3
7 Moore, Alisa 136	Clark College	14:54.66	15:10.42	2

Women 4x100 Meter Relay

School	Seed	Finals	Points
1 Clackamas CC 'A'	48.60	48.19	10
1) Hemphill, Rachel	2) Cribbs, Morgan		
3) Reid, Kaitlyn	4) Dittmar, Stefani		
2 Mt. Hood CC 'A'	49.50	49.53	8
1) Pitts, Stephany 101	2) Glunt, Amber		
3) Schumacher, Terra	4) Sims, Crystal		
3 Lane CC 'A'	49.53	49.71	6
1) Bates, Danica	2) Martin, Jewel		
3) McVicker, Calie	4) Bishop, Heather		
4 Clark College 'A'	50.48	51.28	5
1) Holton, Brooklyn	2) Kellmer, Allison		
3) Holt, Anisa	4) Wongwai, Jamie 104		
5 SW Oregon CC 'A'	53.40	51.63	4
1) Abrahm, Kamisha	2) Smith, Arianne		
3) Youngblood, LaNeshia	4) Scott, Jasmine		

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Clackamas CC 'A'	4:02.00	4:04.28	10
1) Hemphill, Rachel	2) Dittmar, Stefani		
3) Reid, Kaitlyn	4) Cribbs, Morgan		
2 Mt. Hood CC 'A'	4:00.40	4:10.31	8
1) Pitts, Stephany 101	2) Breck, Sheryl 103		
3) Sims, Crystal	4) Glunt, Amber		
3 Lane CC 'A'	4:16.00	4:27.70	6
1) Nelson, Amy	2) Martin, Jewel		
3) Swingle, Kayla	4) Bates, Danica		
4 Clark College 'A'	4:24.80	4:28.79	5
1) Wongwai, Jamie 104	2) Holton, Brooklyn		
3) Kellmer, Allison	4) Williams, Brittanie		
5 SW Oregon CC 'A'	4:30.50	4:31.63	4
1) Abrahm, Kamisha	2) Alyala, Ily		

....Women 4x400 Meter Relay

3) Melgoza, Tracey 133	4) Youngblood, LaNeshia
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Women High Jump

Name	Year School	Seed	Finals	Points
1 Orr, Kasey	SW Oregon CC	1.62m	1.63m	10
2 Holton, Brooklyn	Clark College	1.56m	1.48m	8
3 Bates, Danica	Lane CC	1.43m		5
3 Pitts, Stephany 101	Mt. Hood CC	1.44m	1.43m	5
3 Abrahm, Kamisha	SW Oregon CC	1.42m	1.43m	5
6 McVicker, Calie	Lane CC	1.52m	1.37m	2
6 Rear, Angela	Lane CC	1.32m	1.37m	2
6 Smith, Arianne	SW Oregon CC	1.47m	1.37m	2
9 Gill, Susanna 108	Mt. Hood CC	1.44m	1.32m	

Women Pole Vault

Name	Year School	Seed	Finals	Points
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1 Schumacher, Terra	Mt. Hood CC	3.47m	3.51m	10
2 Boatsman, JoLena	Lane CC	3.40m	3.36m	8
3 Vaughn, Mary	Lane CC	3.20m		6
4 Shafer, Aimee	Clackamas CC	3.20m	2.90m	5
5 Kermodé, Danielle	Clark College		2.75m	4
6 Swingle, Kayla	Lane CC	2.59m		3
-- Shafer, Lauren	Clackamas CC		NH	

Women Long Jump

Name	Year School	Seed	Finals	Points
1 Scott, Jasmine	SW Oregon CC	5.00m	5.11m	10
2 Abrahm, Kamisha	SW Oregon CC	5.18m	5.06m	8
3 Martin, Jewel	Lane CC	5.00m		6
4 Bates, Danica	Lane CC	5.09m	4.80m	5
5 Urbany, Rebecca	Mt. Hood CC	4.91m	4.75m	3.50
5 Glunt, Amber	Mt. Hood CC	4.77m	4.75m	3.50
7 Holton, Brooklyn	Clark College	5.01m	4.73m	2
8 Swingle, Kayla	Lane CC	4.98m	4.72m	1
9 Heckeróth, Courtney	Clackamas CC	4.98m	4.55m	

Women Triple Jump

Name	Year School	Seed	Finals	Points
1 Urbany, Rebecca	Mt. Hood CC	11.12m	10.74m	10
2 Holton, Brooklyn	Clark College	10.57m	10.52m	8
3 McVicker, Calie	Lane CC	10.00m	9.80m	6
4 Heckeróth, Courtney	Clackamas CC	10.26m	9.63m	4.50
4 Abrahm, Kamisha	SW Oregon CC	9.90m	9.63m	4.50
6 Iveans, Kyla	SW Oregon CC	9.60m	9.62m	3
7 Gill, Susanna 108	Mt. Hood CC	9.75m	9.48m	2
8 Swingle, Kayla	Lane CC	9.72m	9.45m	1
9 Williams, Kristine	SW Oregon CC	9.22m	9.26m	

...Women Triple Jump

10 Orr, Kasey	SW Oregon CC	9.60m	9.07m	
11 Bird, Stacy	Mt. Hood CC	9.57m	9.02m	
12 Rear, Angela	Lane CC	8.78m	8.71m	

Women Shot Put

Name	Year School	Seed	Finals	Points
1 Davis, Adrienne	Mt. Hood CC	13.10m	12.81m	10
2 Ramos, Chelsey	Mt. Hood CC	11.60m	11.60m	8
3 Deegan, Jennifer	Lane CC	11.30m	11.52m	6
4 Robertson, Jesse	Lane CC	10.37m	11.12m	5
5 Wentz, Breanna	Clark College	11.32m	11.06m	4
6 Crawford, Anja	Mt. Hood CC	11.88m	10.45m	3
7 Bates, Danica	Lane CC	10.43m	10.35m	2
8 Uskoski, Vanessa	Clark College	9.81m	9.93m	1
9 Hess, Sierra	Clackamas CC		9.87m	
10 Kimbal, Brandie	SW Oregon CC	10.31m	8.82m	
11 Kimbrow, Jennifer	Lane CC		8.45m	

Women Discus Throw

Name	Year School	Seed	Finals	Points
1 Uskoski, Vanessa	Clark College	37.11m	38.89m	10
2 Deegan, Jennifer	Lane CC	39.14m	36.93m	8

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3 Hess, Sierra	Clackamas CC	40.84m	35.54m	6
4 Crawford, Anja	Mt. Hood CC	35.45m	32.76m	5
5 Kimbal, Brandie	SW Oregon CC	33.07m	31.87m	4
6 Wentz, Breanna	Clark College	34.65m	31.80m	3
7 Davis, Adrienne	Mt. Hood CC	31.08m	30.33m	2
8 Barker, Latisha	SW Oregon CC	32.08m	29.65m	1
9 Federici, Amanda	Mt. Hood CC	32.02m	25.63m	

Women Hammer Throw

Name	Year School	Seed	Finals	Points
1 Federici, Amanda	Mt. Hood CC	43.53m	45.46m	10
2 Uskoski, Vanessa	Clark College	39.55m	43.04m	8
3 Hamilton, Lauren	Clark College	30.67m	37.72m	6
4 Nelson, Michelle	Clark College	34.19m	37.14m	5
5 Robertson, Jesse	Lane CC	32.97m	36.56m	4
6 Dittmar, Stefani	Clackamas CC	35.74m	36.41m	3
7 Crawford, Anja	Mt. Hood CC	41.19m	36.37m	2
8 Deegan, Jennifer	Lane CC	33.27m	34.90m	1
9 Kennedy, Lacy	Mt. Hood CC	33.04m	33.69m	
10 Davis, Adrienne	Mt. Hood CC	38.86m	33.53m	
11 Wentz, Breanna	Clark College	29.48m	33.41m	

Women Javelin Throw

Name	Year School	Seed	Finals	Points
1 Kennedy, Lacy	Mt. Hood CC	38.55m	36.33m	10

....Women Javelin Throw

2 Little, Alaura	Clackamas CC	33.28m	36.26m	8
3 Ramos, Chelsey	Mt. Hood CC	38.55m	32.62m	6
4 Bates, Danica	Lane CC	37.35m	32.49m	5
5 Elliot, Samantha	Clark College	34.62m	32.46m	4
6 McVicker, Calie	Lane CC	31.88m	29.67m	3
7 Iveans, Kyla	SW Oregon CC	27.48m	29.29m	2
8 Orr, Kasey	SW Oregon CC	32.08m	28.67m	1
9 Krempley, Katrina	Lane CC	30.37m	28.39m	
10 Hess, Sierra	Clackamas CC	34.50m	25.17m	
11 Barker, Latisha	SW Oregon CC	31.97m	25.12m	
12 Montes, Mellisa	Lane CC		24.09m	
13 Canady, Brittany	Mt. Hood CC	27.25m	22.62m	

Men 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Washington, Nate	Clark College	10.90	10.76	1	10
2 Rickett, Ernest	SW Oregon CC	10.94	11.08	1	8
3 Fjelstad, Logan	Clackamas CC	11.16	11.12	1	6
4 Gobel, Joe	Clackamas CC	11.45	11.29	1	5
5 Carr, James	Clark College	11.58	11.46	2	4
6 Barrett, Ryan	Clark College	11.07	11.59	1	3
7 Lane, Richard	Clark College	11.34	11.62	1	2
8 Bozada, Kevin	Lane CC	11.98	11.82	2	1
9 Carlson, Logan	Clark College	11.55	11.98	2	
10 Watson-Rich, James	Lane CC	11.56	12.06	2	
11 Akers, Tyrell	SW Oregon CC	12.10	12.22	2	

Men 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
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1 Rickett, Ernest	SW Oregon CC	22.27	22.09	1	10
2 Barrett, Ryan	Clark College	22.35	22.11	1	8
3 Washington, Nate	Clark College	22.26	22.36	1	6
4 Fjelstad, Logan	Clackamas CC	22.46	22.84	1	5
5 Gobel, Joe	Clackamas CC	22.72	22.90	1	4
6 Tweedy, Mat	Clackamas CC	22.73	23.01	2	3
7 Hastings, Andrew	Lane CC	22.36	23.03	1	2
8 Faber, Brandon	Mt. Hood CC	22.68	23.10	1	1
9 Lane, Richard	Clark College	22.72	23.44	2	
10 Carr, James	Clark College		23.57	2	
11 Carlson, Logan	Clark College	23.01	24.23	2	
12 Garland, Chris	SW Oregon CC	24.26	25.00	2	
13 Watson-Rich, James	Lane CC	24.11	25.26	2	
14 Bellingham, Bret	Lane CC	25.02	25.67	2	

Men 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Barrett, Ryan	Clark College	49.54	48.79	1	10
2 Tweedy, Mat	Clackamas CC	48.45	49.31	1	8
3 Rickett, Ernest	SW Oregon CC	49.50	49.77	1	6

....Men 400 Meter Dash

4 Hastings, Andrew	Lane CC	49.18	50.36	1	5
5 Faber, Brandon	Mt. Hood CC	50.10	51.20	1	4
6 Lane, Richard	Clark College	50.34	52.08	1	3
7 Ragland, Chris	SW Oregon CC	53.65	52.42	2	2
8 Miller, Jason	Mt. Hood CC	52.76	53.64	1	1
9 Meline, Zach	SW Oregon CC	54.00	54.29	2	
10 Akers, Tyrell	SW Oregon CC	53.20	54.30	1	
11 Garland, Chris	SW Oregon CC	53.48	55.90	2	
12 Gleason, Casey 125	SW Oregon CC		53.90	55.98	2
13 Bellingham, Bret	Lane CC	55.06	57.21	2	
-- Johnson, Sean	Lane CC	54.85	DNF	2	

Men 800 Meter Run

Name	Year School	Seed	Finals	H#	Points	
1 Brown, Jessy 114	Mt. Hood CC	1:54.27	1:55.34	1	10	
2 Smith, Matt 116	Clark College	1:58.20	1:57.61	1	8	
3 Baltrus, Brocken 117	Mt. Hood CC		1:59.92	1:59.26	1	6
4 Shebley, Israel 115	Lane CC	1:57.65	2:00.04	1	5	
5 Davis, Kenny 121	Clark College	2:02.13	2:00.91	2	4	
6 Fenley, Lukas 123	Lane CC	2:04.18	2:01.98	2	3	
7 McChesney, Jesse 111	Clark College	1:57.93	2:04.08	1	2	
8 Loewen, Josh 124	Clark College	2:05.97	2:04.49	2	1	
9 Smith, Nick 112	Clark College	1:56.70	2:04.52	1		
10 Correll, Jared 120	Clackamas CC	2:03.93	2:05.55	2		
11 Erickson, Ryan 122	Lane CC	2:02.52	2:11.12	2		
12 Gleason, Casey 125	SW Oregon CC		2:10.20	2:14.50	2	
13 Clark, Travis 118	SW Oregon CC		2:09.58	2:19.22	2	

Men 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Brown, Jessy 114	Mt. Hood CC	3:57.28	4:07.84	10
2 Fenley, Lukas 123	Lane CC	4:02.91	4:09.84	8
3 Erickson, Ryan 122	Lane CC	4:14.04	4:12.29	6
4 Smith, Nick 112	Clark College	4:12.79	4:12.93	5
5 Davis, Kenny 121	Clark College	4:11.95	4:12.96	4
6 McChesney, Jesse 111	Clark College	4:11.18	4:15.60	3

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7 Baker, Chris 129	Clackamas CC	4:17.80	4:17.34	2
8 Clark, Travis 118	SW Oregon CC	4:20.00	4:22.61	1
9 Altemus, Ben 130	Mt. Hood CC	4:19.01	4:27.84	
10 Loewen, Josh 124	Clark College	4:25.02	4:28.80	
11 Owen, Kurtis 131	Lane CC	4:36.17	4:31.33	
12 McArthur, Daniel 132	SW Oregon CC	4:45.00	4:31.37	

Men 5000 Meter Run

Name	Year School	Seed	Finals	Points
1 Morgan, Morgan 146	Lane CC	15:28.80	15:37.07	10
2 Churchill, Joe 145	Lane CC	14:45.00	15:54.66	8
3 Correll, Luke 148	Clackamas CC	16:20.23	16:07.73	6
4 Grever, Chris 149	Mt. Hood CC	16:46.04	16:45.64	5

....Men 5000 Meter Run

5 Becker, Peter 141	SW Oregon CC	16:35.20	17:02.02	4
6 McArthur, Daniel 132	SW Oregon CC	16:57.32	18:05.82	3

Men 110 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Young, Sammie	SW Oregon CC	15.12	15.58	10
2 Olstedt, Dennis	Lane CC	15.68	15.72	8
3 Burbank, Bruce	Lane CC	16.97	15.83	6
4 Wester, Stan	Clackamas CC	16.88	16.63	5
5 Fennimore, Pat	SW Oregon CC	17.23	17.65	4
6 Zinn, Andrew	Mt. Hood CC	17.10	18.02	3
7 Billstine, Jimmy	SW Oregon CC	17.30	19.97	2

Men 400 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 McMaster, Brian	Clark College	56.13	54.98	10
2 Olstedt, Dennis	Lane CC	55.50	55.13	8
3 Wester, Stan	Clackamas CC	56.19	56.85	6
4 Miller, Jason	Mt. Hood CC	59.01	58.72	5
5 Johnson, Michael	Lane CC	59.34	58.85	4
6 Young, Sammie	SW Oregon CC	57.56	59.38	3

Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Turner, Jacob 140	Lane CC	10:23.89	10:02.65	10
2 Smith, Matt 116	Clark College	10:22.77	10:14.50	8
3 McCaffrey, Dennis 139	Lane CC	10:30.57	10:17.24	6
4 Altemus, Ben 130	Mt. Hood CC	9:58.15	10:29.98	5
5 Becker, Peter 141	SW Oregon CC	11:02.20	10:31.07	4
6 Scott, Andrew 110	SW Oregon CC	10:35.00	11:22.34	3

Men 4x100 Meter Relay

School	Seed	Finals	Points
1 Clark College 'A'	42.21	42.28	10
1) Lane, Richard	2) Washington, Nate		
3) McMaster, Brian	4) Barrett, Ryan		
2 Clackamas CC 'A'	42.61	42.39	8
1) Wester, Stan	2) Fjelstad, Logan		
3) Tweedy, Mat	4) Gobel, Joe		
3 Lane CC 'A'	43.89	43.65	6

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1) Bozada, Kevin 2) Olstedt, Dennis
 3) Shebley, Israel 115 4) Hastings, Andrew
 -- SW Oregon CC 'A' 43.94 DNF

1) Akers, Tyrell 2) Ragland, Chris
 3) Young, Sammie 4) Rickett, Ernest
 -- Mt. Hood CC 'A' DNF

1) Thomas, Jared 2) Miller, Jason

....Men 4x100 Meter Relay

3) Zinn, Andrew 4) Faber, Brandon

Men 4x400 Meter Relay

School	Seed	Finals	Points
1 Clackamas CC 'A'	3:20.82	3:24.80	10
1) Wester, Stan	2) Correll, Jared 120		
3) Fjelstad, Logan	4) Tweedy, Mat		
2 Clark College 'A'	3:19.99	3:24.87	8
1) Lane, Richard	2) McMaster, Brian		
3) Washington, Nate	4) Barrett, Ryan		
3 Mt. Hood CC 'A'	3:26.00	3:28.22	6
1) Miller, Jason	2) Brown, Jessy 114		
3) Baltrus, Brocken 117	4) Faber, Brandon		
4 SW Oregon CC 'A'	3:25.21	3:32.04	5
1) Akers, Tyrell	2) Ragland, Chris		
3) Young, Sammie	4) Rickett, Ernest		
5 Lane CC 'A'	3:26.58	3:32.52	4
1) Shebley, Israel 115	2) Olstedt, Dennis		
3) Johnson, Sean	4) Hastings, Andrew		

Men High Jump

Name	Year School	Seed	Finals	Points
1 Ojala, Kai	Clackamas CC	1.98m	1.93m	10
2 Hester, Jeff	Lane CC	1.92m	1.88m	7
2 Moilanen, Keith	Clark College	1.82m	1.88m	7
4 Leman, Tyler	SW Oregon CC	1.87m	1.83m	4.50
4 Gobel, Joe	Clackamas CC	1.95m	1.83m	4.50
6 Weston, Jacob	Mt. Hood CC	1.77m	1.78m	1.20
6 Torrence, Jeff	Mt. Hood CC	1.77m	1.78m	1.20
6 Johnson, Sean	Lane CC	1.88m	1.78m	1.20
6 Lindquist, Seth	Lane CC	1.93m	1.78m	1.20
6 Ojala, Markus	Clackamas CC	1.81m	1.78m	1.20
11 Meline, Zach	SW Oregon CC	1.77m	1.73m	
11 MacVicar, Jimmy	Clark College	1.68m	1.73m	
-- Axelrod, Jarett	Lane CC	1.88m	NH	

Men Pole Vault

Name	Year School	Seed	Finals	Points
1 Brink, Adam	Lane CC	5.02m	4.73m	10
2 Carr, James	Clark College	4.15m	4.27m	8
3 Burbank, Bruce	Lane CC	3.94m	3.66m	5
3 Crumbaker, Jeff	Clark College	4.14m	3.66m	5
3 Korenkov, Alex	Clark College		3.66m	5
6 Fennimore, Pat	SW Oregon CC		3.36m	
-- Fegles, Robby	Lane CC	4.88m	NH	
-- Helland, Sam	Lane CC	4.75m	NH	
-- Lundy, Tim	Clark College	4.60m	NH	

Men Long Jump

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Results

Name	Year School	Seed	Finals	Points
1 Lundy, Tim	Clark College	6.00m	6.51m	10
2 Lindquist, Seth	Lane CC	6.50m	6.41m	8
3 Burbank, Bruce	Lane CC	6.47m	6.28m	6
4 Fennimore, Pat	SW Oregon CC	6.24m	6.09m	5
5 Gobel, Joe	Clackamas CC	6.26m	6.07m	4
6 Gannon, Justin	SW Oregon CC	6.09m	5.96m	3
7 Ragland, Chris	SW Oregon CC	5.61m	5.87m	2
8 Zinn, Andrew	Mt. Hood CC	5.79m	5.72m	1
9 Dotson, Matt	Clackamas CC	6.03m	5.66m	
10 Torrence, Jeff	Mt. Hood CC	5.22m	5.43m	
11 MacVicar, Jimmy	Clark College		5.22m	

Men Triple Jump

Name	Year School	Seed	Finals	Points
1 Burbank, Bruce	Lane CC	13.50m	13.33m	10
2 Fennimore, Pat	SW Oregon CC	13.41m	13.06m	8
3 Hester, Jeff	Lane CC	13.03m	12.80m	6
4 Lindquist, Seth	Lane CC	14.07m	12.78m	5
5 Moilanen, Keith	Clark College		12.59m	3.50
5 Gannon, Justin	SW Oregon CC	12.95m	12.59m	3.50
7 Leman, Tyler	SW Oregon CC	12.29m	11.89m	2
8 MacVicar, Jimmy	Clark College	12.27m	11.73m	1
9 Dotson, Matt	Clackamas CC	11.94m	11.71m	

Men Shot Put

Name	Year School	Seed	Finals	Points
1 Valentine, Jacobsen	Mt. Hood CC	15.56m	15.36m	10
2 Wills, Billy	Lane CC	14.73m	14.37m	8
3 Bellitt, Chris	Lane CC	13.97m	13.52m	6
4 Cummings, Cory	Clark College	13.00m	13.50m	5
5 Crews, AJ	Clark College	13.27m	12.97m	4
6 Fischer, Garrett	SW Oregon CC	14.14m	12.85m	3
7 Perry, Max	Lane CC	13.85m	12.22m	2
8 Weidemann, Kevin	SW Oregon CC	12.62m	11.96m	1
9 Pike, Luke	Clackamas CC	12.24m	11.62m	
10 Reece, William	Mt. Hood CC	12.19m	11.56m	
10 Rauschert, Cory	Lane CC	12.28m	11.56m	
12 Carnahan, Ben	SW Oregon CC	10.87m	10.98m	
13 Weston, Jacob	Mt. Hood CC	12.70m	10.70m	
14 Billstine, Jimmy	SW Oregon CC	12.24m	9.72m	
15 Thomas, Jared	Mt. Hood CC	10.75m	9.63m	

Men Discus Throw

Name	Year School	Seed	Finals	Points
1 Bellitt, Chris	Lane CC	42.92m	41.25m	10
2 Lindgren, Tyler	Lane CC	42.52m	40.53m	8
3 Valentine, Jacobsen	Mt. Hood CC	45.29m	39.88m	6

....Men Discus Throw

4 Perry, Max	Lane CC	38.68m	38.67m	5
5 Crews, AJ	Clark College	38.21m	38.20m	4
6 Billstine, Jimmy	SW Oregon CC	38.10m	37.34m	3
7 Weston, Jacob	Mt. Hood CC	38.91m	36.65m	2
8 Thomas, Jared	Mt. Hood CC	33.42m	35.42m	1
9 Rauschert, Cory	Lane CC	35.78m	34.13m	

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10 Pike, Luke	Clackamas CC	35.98m	34.11m
11 Schryvers, Matthew	Lane CC	35.33m	33.72m
12 Cummings, Cory	Clark College	37.34m	33.53m
13 Fama, Sam	Clackamas CC	32.37m	33.52m
14 Wills, Billy	Lane CC	36.35m	33.46m
15 Carnahan, Ben	SW Oregon CC	35.25m	32.04m

Men Hammer Throw

Name	Year School	Seed	Finals	Points
1 Lindgren, Tyler	Lane CC	53.44m	53.15m	10
2 Crews, AJ	Clark College	40.89m	43.92m	8
3 Pike, Luke	Clackamas CC	43.70m	43.45m	6
4 Schryvers, Matthew	Lane CC	42.46m	43.18m	5
5 Wills, Billy	Lane CC	43.33m	40.31m	4
6 Valentine, Jacobsen	Mt. Hood CC	38.29m	38.94m	3
7 Thomas, Jared	Mt. Hood CC	37.57m	36.78m	2
8 Rauschert, Cory	Lane CC	36.09m	36.43m	1
9 Weston, Jacob	Mt. Hood CC	35.62m	34.89m	
10 Perry, Max	Lane CC	42.16m	34.68m	
11 Weidemann, Kevin	SW Oregon CC	36.16m	33.79m	
12 Fischer, Garrett	SW Oregon CC	32.96m	29.67m	
-- Fama, Sam	Clackamas CC	30.40m	FOUL	

Men Javelin Throw

Name	Year School	Seed	Finals	Points
1 Kuzne, Stephen	Lane CC	50.26m	52.28m	10
2 Gobel, Joe	Clackamas CC	50.37m	48.45m	8
3 Ferebee, Michael	Clackamas CC	46.70m	45.39m	6
4 MacVicar, Jimmy	Clark College		44.58m	5
5 Lundy, Tim	Clark College	50.14m	42.10m	4
6 Fama, Sam	Clackamas CC	39.54m	40.80m	3
7 Hester, Jeff	Lane CC	46.93m	38.83m	2
8 Carnahan, Ben	SW Oregon CC	36.57m	37.32m	1