

2009 NWAACC Multi Championships - 4/27/2009 to 4/28/2009**Heptathlon & Decathlon Championships****Mt. Hood Community College****Results - Heptathlon****Women Heptathlon**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Sims, Crystal Mt. Hood Community Team Points: 10	4305	15.67 (755)	1.53m (655)	9.34m (486)	25.97 (800)	2696	5.10m (587)	20.17m (292)	2:27.08 (730)
2 Cook, Taylor C C of Spokane Team Points: 8	4123	16.54 (649)	1.38m (491)	9.17m (475)	27.04 (708)	2323	4.94m (543)	34.37m (560)	2:29.68 (697)
3 Sims, Catherine Mt. Hood Community Team Points: 6	4033	15.81 (738)	1.38m (491)	8.56m (436)	25.34 (856)	2521	4.98m (554)	16.42m (223)	2:26.68 (735)
4 Holton, Brooklyn Clark College Team Points: 5	3789	15.68 (754)	1.53m (655)	9.51m (497)	27.29 (688)	2594	4.58m (448)	18.96m (270)	2:48.67 (477)
5 Chong, Dianne Southwestern Oregon Team Points: 4	3376	17.63 (527)	1.41m (523)	7.70m (380)	28.56 (587)	2017	4.85m (519)	26.10m (403)	2:52.57 (437)
6 Nogle, Bailey Clackamas Community Team Points: 3	3364	18.72 (417)	1.50m (621)	8.24m (415)	28.63 (582)	2035	4.27m (371)	28.66m (451)	2:45.87 (507)
7 Runkel, Callie C C of Spokane Team Points: 2	3284	17.83 (506)	1.41m (523)	7.64m (376)	29.35 (528)	1933	4.80m (506)	21.19m (311)	2:43.41 (534)
8 Pitts, Stephany Mt. Hood Community Team Points: 0.5	3239	18.75 (414)	1.53m (655)	7.17m (346)	28.15 (619)	2034	4.47m (421)	17.64m (245)	2:42.95 (539)
8 Heckerorth, Courtney Clackamas Community Team Points: 0.5	3239	18.24 (464)	1.29m (399)	9.70m (510)	29.29 (533)	1906	4.69m (477)	25.79m (397)	2:50.44 (459)
10 Salyer, Angelyn Lane Community Coll	3125	19.63 (334)	1.29m (399)	6.97m (333)	28.41 (599)	1665	3.67m (235)	28.96m (457)	2:24.16 (768)
11 Hayward, Annie Lane Community Coll	3087	20.75 (243)	1.32m (429)	8.24m (415)	27.66 (658)	1745	4.19m (352)	19.83m (286)	2:29.13 (704)