

NWAC SPORTS CALENDAR 2019-2020

2019	SPORT	1ST PRACTICE	1ST CONTEST	CHAMPIONSHIP DATES	SITE	NOTES
	M/W Cross Country	8/1	8/24	11/18	Saint Martin's University	Each institution shall be allowed a total of 12 weeks of practice which may be utilized between 8/1 and the end of the current academic/spring quarter; competition may begin on the Saturday eleven weeks prior to the championship meet; championship meet will be on the second Saturday in November.
	M/W Soccer	8/1	8/26	11/15 & 17	Starfire, Tukwila, WA	Each institution shall be allowed a total of 12 weeks of practice which may be utilized between 8/1 and the end of the current academic year/spring quarter. Six of the weeks shall begin on the first Monday of April to coincide with the spring season.
	Volleyball	8/1	8/30	11/21-24	Greater Tacoma Convention Center Tukwila, WA	Each institution shall be allowed a total of 12 weeks of practice which may be utilized between 8/1 and the end of the current academic year/spring quarter. Six of the weeks shall begin on the first Monday of April to coincide with the spring scrimmage season; first contest is the last Friday in August.
	M/W Golf (Fall)	8/1	9/22			Practice shall be allowed a total of 12 weeks of practice which may be utilized between 8/1 through the end of the current academic/spring quarter; Fall season concludes 10/31
	Baseball (Fall)	9/1-11/15				Fall conditioning/scrimmages
	Softball (Fall)	9/1-11/15				Fall conditioning/scrimmages
	M/W Tennis (Fall)	9/1				Each institution shall be allowed a total of 12 weeks of practice which may be utilized in between 9/1 and the end of the current academic year/spring quarter
	M/W Track & Field (Fall)	9/1-day before 1 st weekend in March				Each institution shall be allowed a total of 12 weeks of training prior to the start of competition. Coaches may schedule the 12 training weeks starting as early as 9/1 with the end date being the day before the first weekend in March. Each institution must report to the NWAC office by 8/20 the time periods in which the 12 weeks will be utilized.

2020	SPORT	1 ST PRACTICE	1 ST CONTEST	CHAMPIONSHIP DATES	SITE	NOTES
	M/W Basketball	9/1	11/15	TBA	TBD	Each institution shall be allowed a total of 12 weeks of practice which may be utilized in between 9/1 and the end of the current academic year/spring quarter; first contest shall not be played prior to the third Friday in November.
	Baseball	1/15-2/28				Pre-season practice
	Softball	1/15-2/28				Pre-season practice
2020	SPORT	1 ST PRACTICE	1 ST CONTEST	CHAMPIONSHIP DATES	SITE	NOTES
	Baseball	See above	3/1	5/21-25	TBD	Tournament begins on Thursday preceding Memorial Day
	Softball	See above	3/1	5/15-18	TBD	
	M/W Track & Field	2/1	3/3	5/18-19	TBD	First meet is the first weekend in March. Championships will be on Monday and Tuesday the week before Memorial Day.
	M/W Track & Field Multi-Events	2/1	3/3	4/27-28	TBD	Will be on M/Tu three weeks prior to the T/F Championships
	M/W Golf	See notes box	3/15	5/17-18	TBD	Each institution shall be allowed a total of 12 weeks of practice which may be utilized in between 8/1 and the end of the current academic year/spring quarter; conference tournament will be the third week of May
	Tennis	See notes box	2/15	5/8-9	CCS, Spokane, WA	Each institution shall be allowed a total of 12 weeks of practice which may be utilized in between 9/1 and the end of the current academic/spring quarter.
	Volleyball (Spring Scrimmage Season)	1 st Monday in April-5/18				Spring conditioning/scrimmage
	Soccer (Spring Scrimmage Season)	1 st Monday in April- 5/18				Spring conditioning/scrimmage
	NWAC COMMISSION MEETNG			TBD		

Dates subject to change

Updated: 6/9/16